SAMPLING & REQUESTING REQUIREMENTS

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Target audience Neonatal Nurse Practitioners?

WHY DO YOU KEEP REJECTING OUR SAMPLES?

- One of todays aims is to clarify requirements to minimise the risk of samples being rejected
- We don't do it because we want to!
- Governed by standards of quality & safety set by Blood Safety & Quality Regulations (BSQR 2005), policed by MHRA
- Ultimately there to protect the patient

SAMPLE CONSIDERATIONS

- Identification very important as high risk group who are unable to identify themselves
- Paediatric patients may be multi-transfused, require specialist products & potential long life expectancy
- May require blood transfusion due to anaemia from phlebotomy sampling
- Don't want to take more samples than necessary

SAMPLE REQUIREMENTS - LABELLING CRITERIA

Summary of responses from NE hospitals. ALL require:

- •Surname
- Forename
- •DOB
- Hospital number

Some require:

- •NHS Number
- Signature
- Date of sample

Sample & request form must agree

No addressographs

Hand written on bottle

SAMPLE REQUIREMENTS - LABELLING CRITERIA

- Microtubes very small with no labels so have to hand write patient I.D. onto sticker
- Zero tolerance enforced in the majority of transfusion labs in the NE
- MHRA requirement (why & implications)
- Some will have a system of amendment for 1 amendment but not encouraged (formal system in place)
- In place to protect patient
 - Lessons learnt from WBIT

SAMPLE REQUIREMENTS

BOTTLES

Microtubes

Paediatric EDTA

Adult EDTA (unlikely with neonates unless cord)

VOLUME

Between 0.5ml and 1ml

IMPORTANT

Check with you local lab for requirements on minimum patient I.D. & volume

I.D. CHECKS

- Your sample can be one of many
- On receipt into the transfusion lab the ID check is the first one we do
- Vital check in the quality process, will be checked on receipt, during processing and when blood released

PROCESSING IN LAB SIZE IS IMPORTANT

- Samples of 1ml or more usually processed on large automated analyser
- Minimises risk of human error in processing but does require a decent sized sample

PROCESSING IN LAB SIZE IS IMPORTANT

- Small samples unable to go on analysers so require to be tested manually
- Risk of human error greater but has advantage that very small samples can be processed

WHAT ARE WE TESTING FOR?

- When we process a blood sample we are looking for relevant antibodies in the blood and antigens on the red cells
- This will give us:
 - the blood group
 - any important antibodies
 - Indications of possible HDN (DAT+)
 - Aid us select the appropriate blood to issue for transfusion

WHAT IS A DAT TEST & WHAT DOES IT MEAN?

- Direct antiglobulin test
- Checking for the presence of antibody (in this case maternal) bound onto the red cells in vivo
- DAT negative, no antibodies attached
- DAT positive, antibodies present on red cell.
 Indicator of possible HDN
- Routinely ask for DAT when baby is jaundiced

MUM IS IMPORTANT TOO!

- The maternal blood group and antibodies must be taken into consideration when selecting blood
- If a recent maternal sample has not been tested you MAY be requested to provide one
- Maternal antibodies can cross the placenta causing red cell destruction and anaemia in the foetus & neonate
- If blood is required it must be antigen negative for that antibody

MATERNAL SAMPLE

- Minimum of 3 points of
 I.D. check with your local
 lab requirements
- Need to cross reference link to baby on request form
- If no maternal sample available need to carry out more testing on baby so need a bigger sample
- Often no need for maternal sample

BLOOD REQUIRED-NOW WHAT?

ORDERING FROM LAB

Feedback from questionnaire:

Generally larger hospitals in the area with specialised paediatric unit have pedipacks in routine stock

Smaller hospitals are less likely to keep these as a stock item

So may need notice to get product from Newcastle
Transfusion Centre

BLOOD REQUIRED-NOW WHAT?

ORDERING FROM LAB

Small top up transfusions

- May need maternal sample for first transfusion onlylab will advise you
- Need sample from baby for blood group
- There after shouldn't need another sample from baby until after 4 months of age unless maternal antibodies or positive DAT
- If pedipacks in stock can provide at short notice

ORDERING BLOOD PRODUCTS

Products that require advanced notice:

- Blood for exchange transfusion (ET) or intrauterine transfusion (IUT) RVI only
- Blood requiring irradiation kept at Transfusion Centres until required for ET due to affect on shelf life
- Blood for baby when maternal antibodies are present
- Large volume transfusions
- All need to be ordered from NHSBT Transfusion
 Centres

ORDERING PLASMA PRODUCTS

- Specific fresh frozen plasma product (FTP) for neonates
 & paediatrics
- The vast majority of transfusion labs keep this as a stock item since long shelf life product
- Needs to be defrosted when required so give approx. 30 minutes notice

ORDERING PLATELETS

- Short shelf life (7 day)
 specialist product
- Ordered in from Blood
 Transfusion Centres, may
 be HLA matched
- Like red cells pack should be reserved just for 1 particular patient to minimise donor exposure
- Additional packs kept in lab for life of product until required or expired

TIME DELAYS

- Time require to order, source (if necessary) and take delivery of product
- Time required to test compatibility of blood with patient &/or maternal sample
- Time taken to prepare product e.g. defrost FTP

IN SUMMARY

- All part of a team
- Invest the time to understand local protocols for taking blood samples and ordering blood
- Then able to get the most out of the systems in place leading to effective use of lab service and timely provision of blood.