National Comparative Audit of Blood Transfusion 2016 Audit of Red Cell & Platelet Transfusion in Adult Haematology Patients Action Plan

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What was the audit

- Adults with known haematology malignancy or myeloid failure syndrome
- In January 2016
- All RBC and platelet transfusions
- Across the United Kingdom, 136 hospitals contributed data

Reminder of RBC indication codes

- R1 Acute blood loss >30% blood loss
- R2 Surgery/medical/critical care: No significant cardiac/respiratory disease and normovolaemic, Hb <70
- R3 Surgery/medical/critical care: With cardiac/respiratory disease or for symptoms e.g. chest pain, hypotension or tachycardia that is unresponsive to fluid resuscitation or cardiac failure, Hb<80
- R4 Chronic Anaemia: maintain Hb to prevent symptoms of anaemia
- R5 Radiotherapy: Hb<100
- R6 Exchange transfusion

Caveats

- Sample sizes for WSH were small in some cases
- Total of 21 RBC transfusions and 8 platelet transfusions
- Weight not recorded in all patients

What WSH did well

Results	National	WSH
Hospital guidelines should agree with national guidelines	70%	100%
Hb measured within 24 hours if the patient was an inpatient	94%	100%
Hb measured within 72 hours if the patient was an outpatient	94%	93%
Single unit platelet transfusion	93%	100%
Pre procedure platelet transfusion considered appropriate	84%	100%
Therapeutic platelets considered appropriate	87%	100%

What WSH could improve on

Results	National	WSH
Patients who were anaemic and had no additional risk factors were transfused when their Hb was 70g/L or higher	83%	50%
Single unit transfusions	18%	14%
When > 1 unit given Hb checked between units	11%	20%
Single unit transfusion for in-patients <50kg	33%	No data
Single unit transfusion for out-patients <50kg	22%	No data
Prophylactic platelet transfusions considered appropriate in reversible bone marrow failure	72%	32%
Prophylactic platelet transfusions considered appropriate in chronic bone marrow failure	43%	0%

Action Plan

- Weight must be recorded on all transfusion prescription charts
- Transfusion consent document to be made on Ecare and trialled for haematology patients
- Education sessions for Macmillan department about national transfusion guidelines and audit results

Action plan - RBC

- Transfusion plan to be created on Ecare for patients with chronic bone marrow failure
- For patients having chemotherapy or with fluctuating blood product needs use hospital transfusion guidelines
- All RBC transfusions to be approved by haematology CNS, registrar or consultant whether inpatients or outpatients
- Only transfuse those under 50kg more than one unit in exceptional circumstances

Action plan - platelets

- With *reversible* bone marrow failure platelet count should be below 10 before prescribing platelets.
- With *irreversible* bone marrow failure and no bleeding guidance suggests no platelet transfusion is required – implementation of this guidance needs to be reviewed by haematology consultants