

# Major Haemorrhage in the North West and North Wales- a regional audit

14<sup>th</sup> November 2012

North East RTC Meeting

Dr Elizabeth Jones

Haematology SpR Mersey

# Experiences from the North West Regional Transfusion Committee incorporating North Wales



Background and development  
process

Regional Audit results- 1<sup>st</sup> data  
collection

Results (preliminary) -2<sup>nd</sup> data  
collection

Where next?

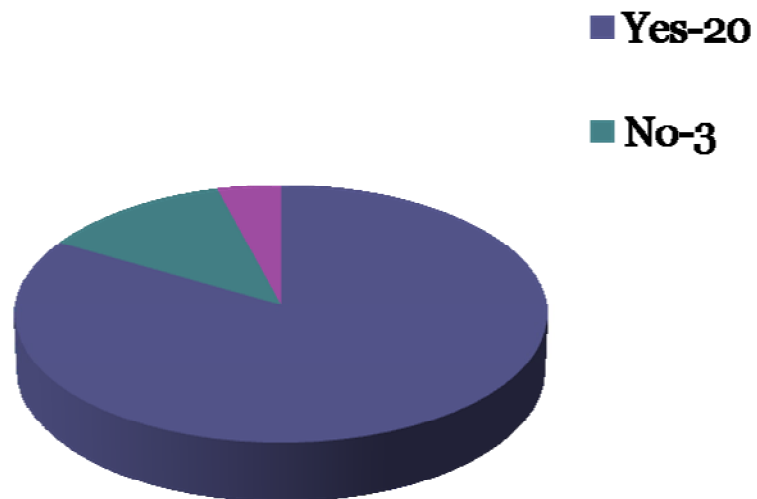


# The Background.....

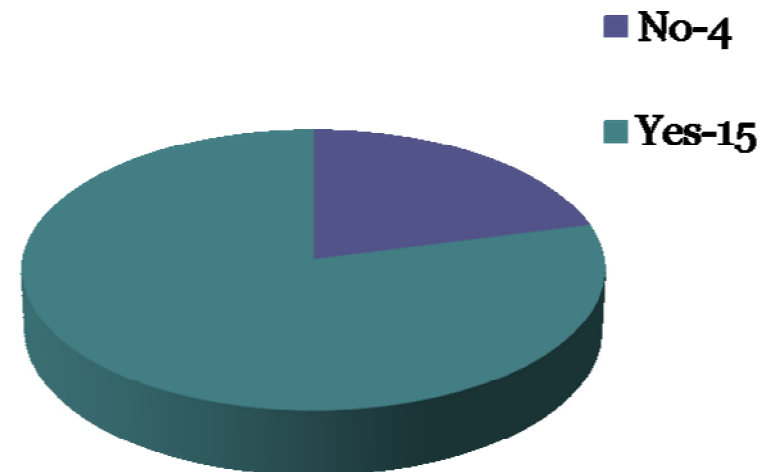
- **September 2009**- RTC members requested regional guidelines to address new developments in Massive Haemorrhage.
- Toolkit rather than guideline.
- **November 2009**-Call for volunteers at RTC
- **January 2010**- Literature review
- **April 2010**-Steering group meeting
- **May 2010**-Interim Workshop
- **June 2010**-Final workshop
- **July - September 2010**-Draft circulated to RTC members for consultation
- **November-December 2010**-Revised version of Toolkit circulated

# Consultation feedback

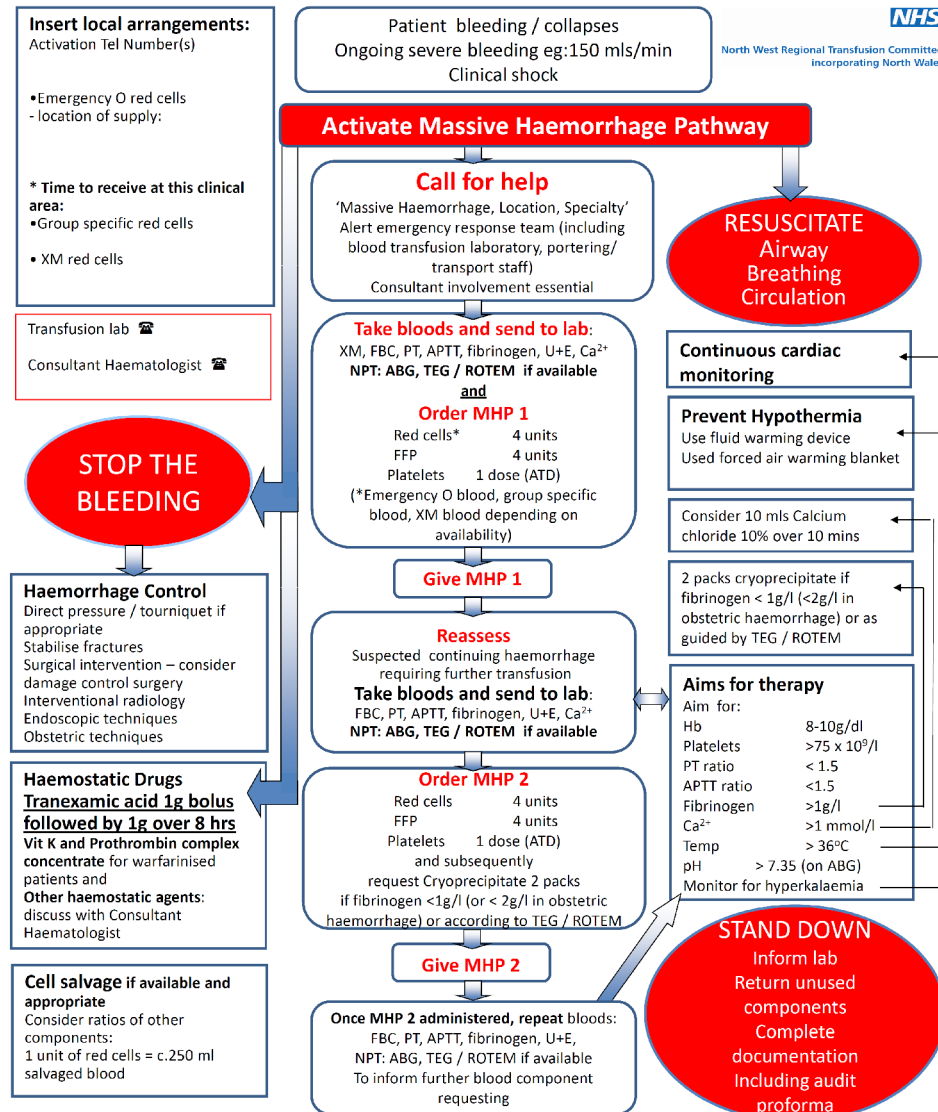
Do you have a policy already?



Would you use the toolkit?



# Transfusion Management of Massive Haemorrhage



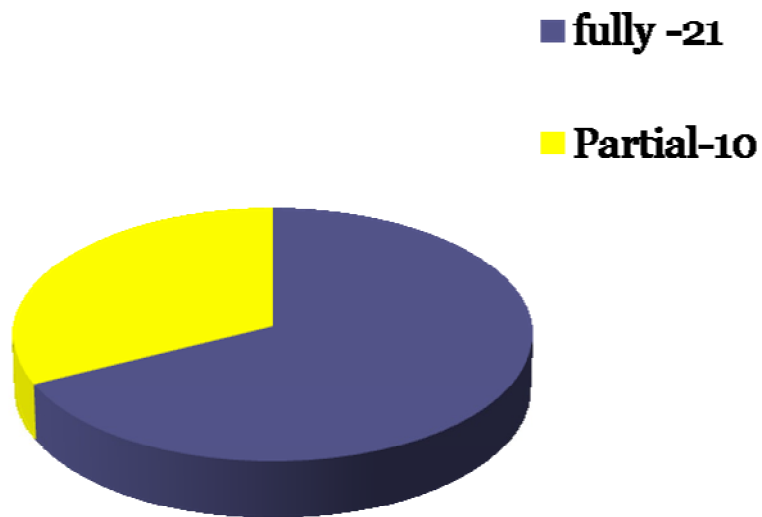
Thromboprophylaxis should be considered when patient stable

ABG – Arterial Blood Gas  
FFP- Fresh Frozen plasma  
PT- Prothrombin Time

APTT – Activated partial thromboplastin time  
MHP – Massive Haemorrhage Pack  
TEG/ROTEM- Thromboelastography

ATD- Adult Therapeutic Dose  
NPT – Near Patient Testing  
XM - Crossmatch

# Has a policy been implemented?



- Survey in July 2011
- Asked if a policy was implemented (Yes, no or partial)
- North West regional Transfusion Committee Massive Haemorrhage toolkit was used by 29 of the trusts (of 31 total).



# Problems Encountered

- “Transportation and porter issues”
- “Communication chain breakdown”
- “Log sheet in lab inadequately completed”
- “Real time drills not allowed within trust”
- “Problems allocating specialist team”
- “Poor level of knowledge amongst staff of algorithms/ pathway”
- “Limited time to audit”



## Further Issues

- “Not triggered as yet”
- “Integrating with specialty guidelines”
- “Increased wastage of FFP/ Platelets”
- “No platelets available for 1<sup>st</sup> MHP”
- “Inappropriate activation”
- “Difficulty ratifying policy”





# Pilot Study

- Pilot study carried out in 4 centres (Countess of Chester, University Hospital of South Manchester, University Hospital Morecambe Bay, East Lancashire Hospitals Trust)
- In the pilot 16 different cases of massive haemorrhage were analysed. Data collected using survey monkey.
- Pilot led to decision to collect data via spreadsheet. Other modifications were also implemented



# Regional Audit

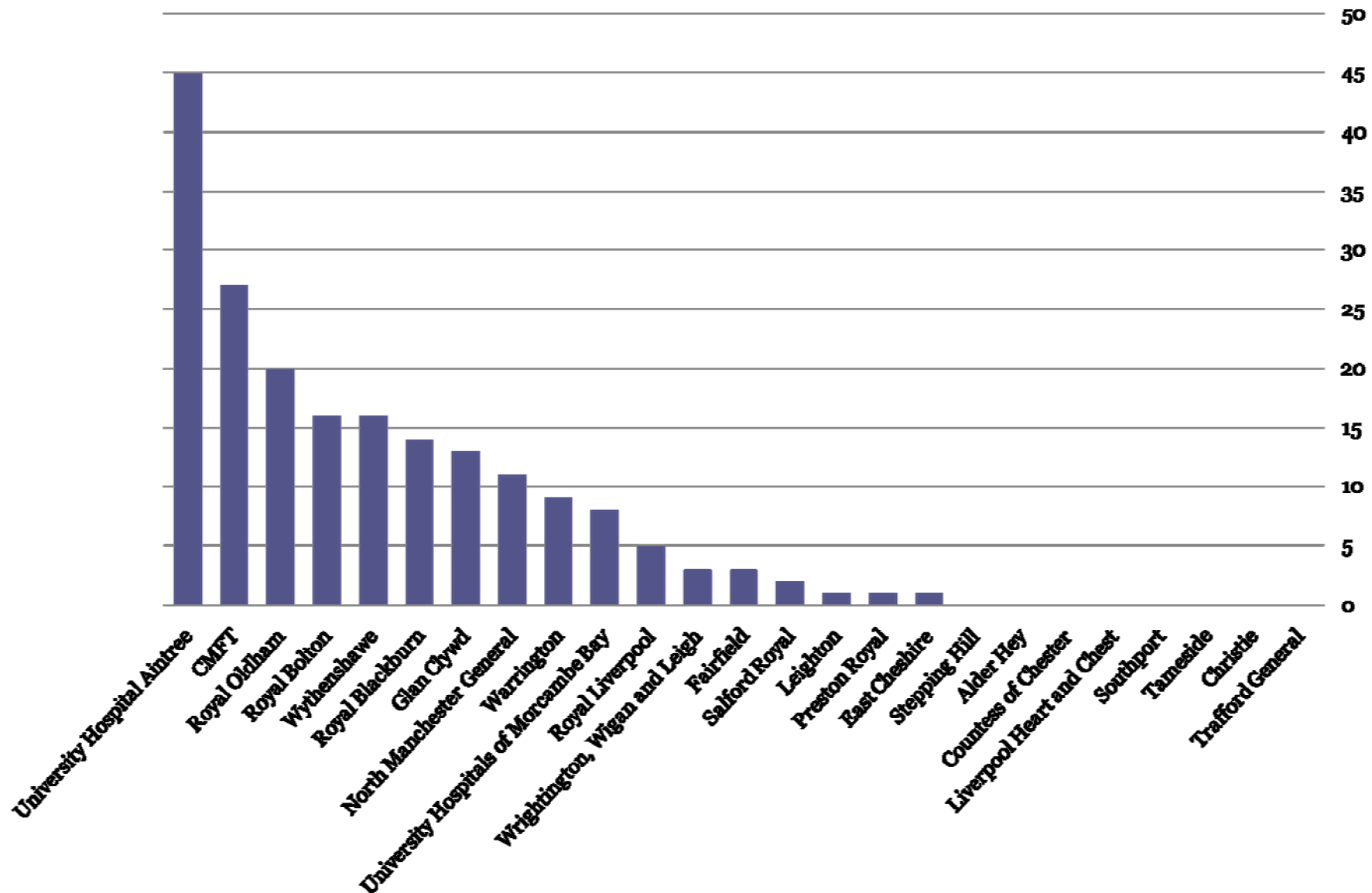
- December, January and February 2011/2012.
- Data collected on:
- When, where, who
- If pathway activated
- Use of products/adjuncts and wastage
- Outcome data



## Results- 1<sup>st</sup> data collection period

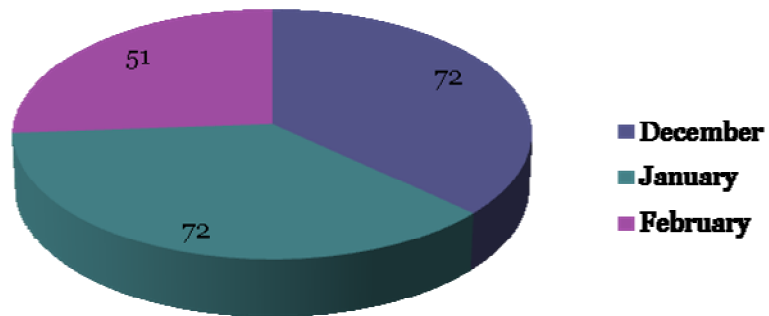
- 195 cases included from 17 hospitals (a further 8 hospitals had no activations during this time period)
- 3 unable to participate- staffing constraints
- 5 paediatric cases also reported (not included in this data)
- Hospitals had a range of 0 to 45 cases

# Number of cases submitted by hospital

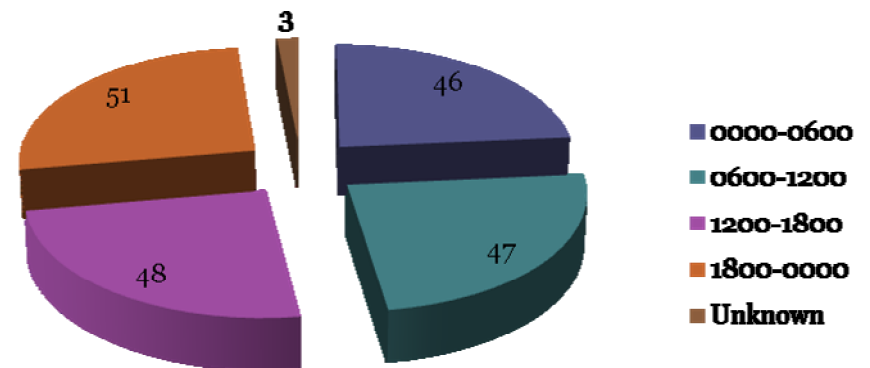


# When?

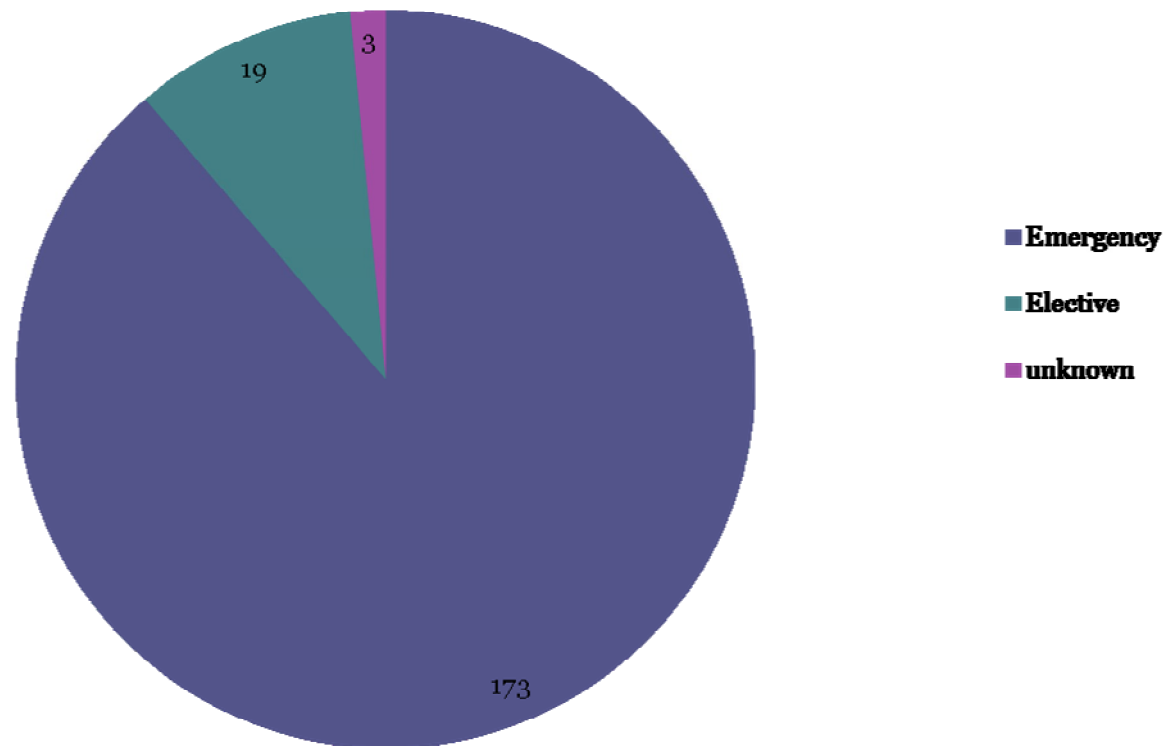
Month of haemorrhage



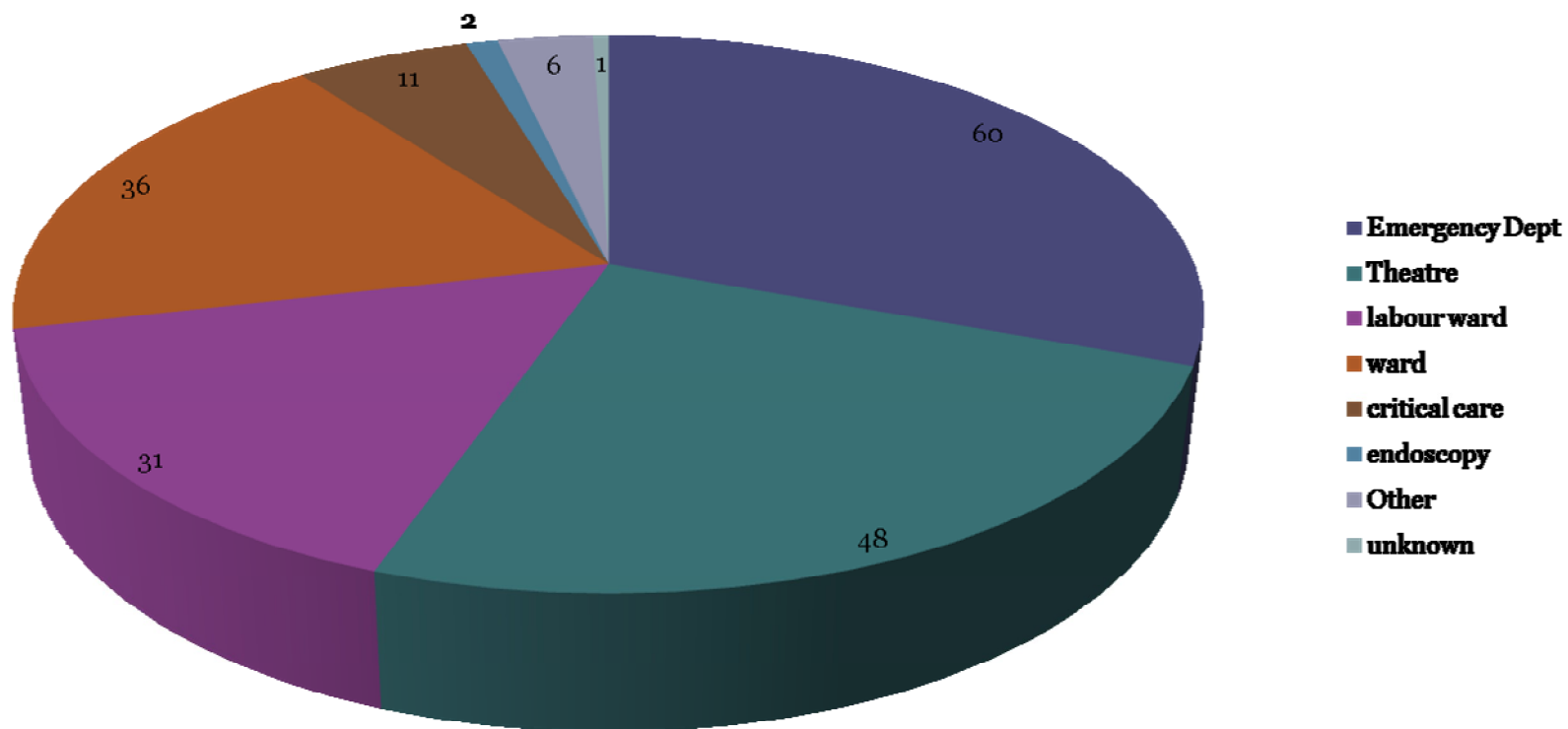
Time of Haemorrhage



# Emergency or elective?

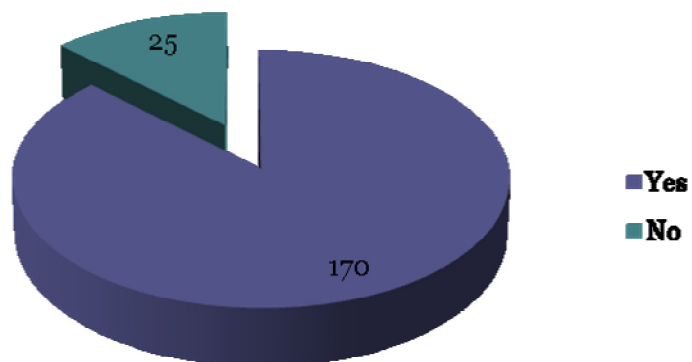


# Where they presented

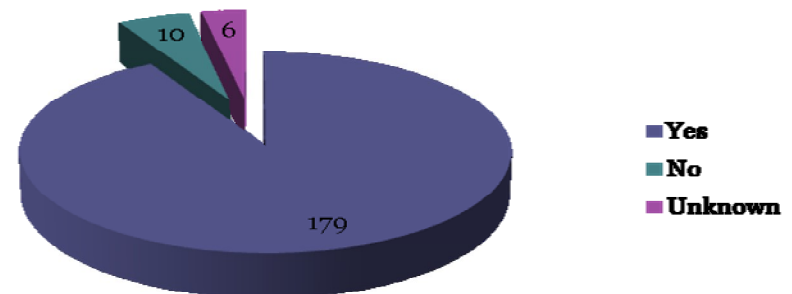


# Pathway activated?

Was the pathway activated

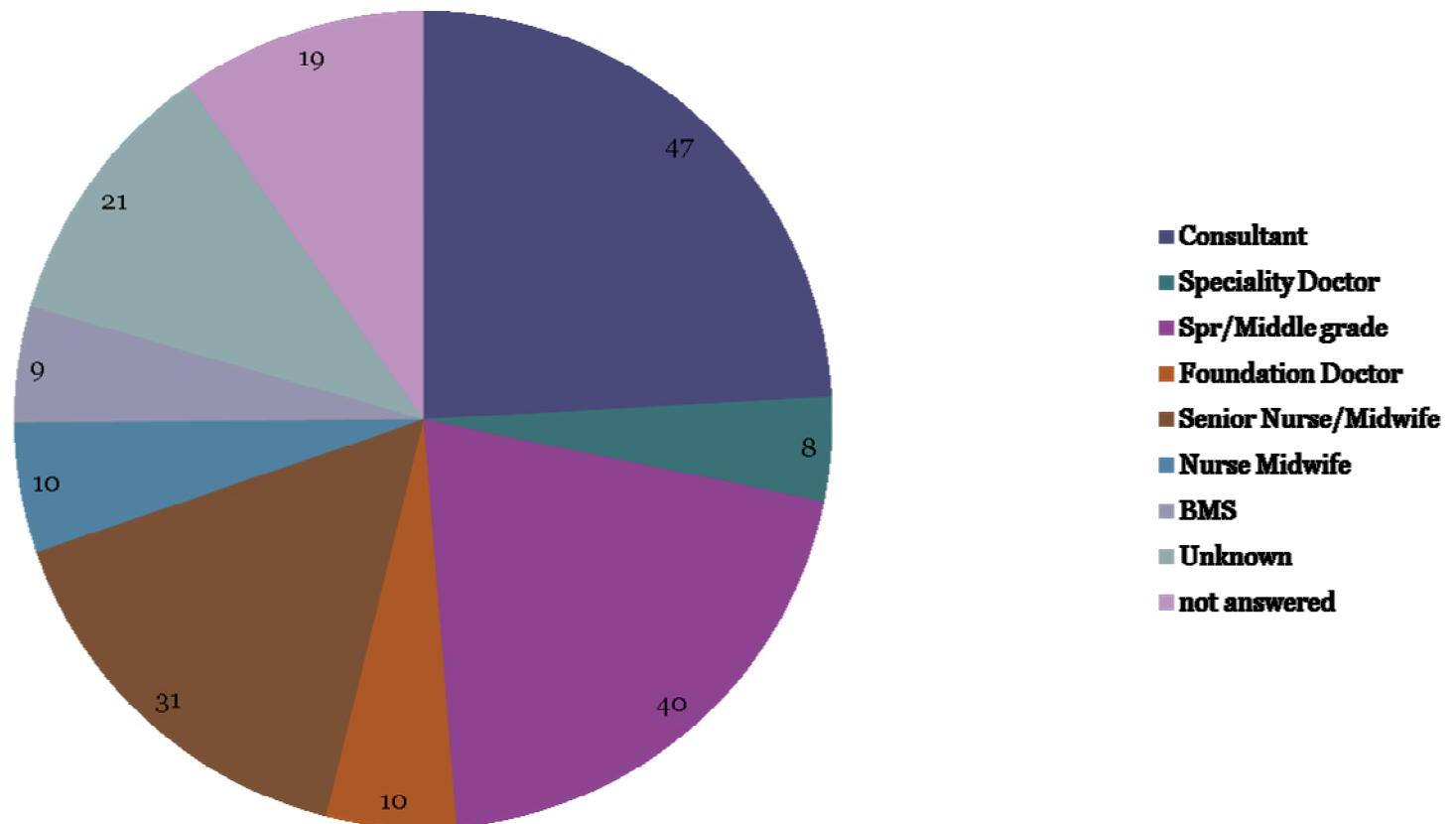


Was the lab aware?

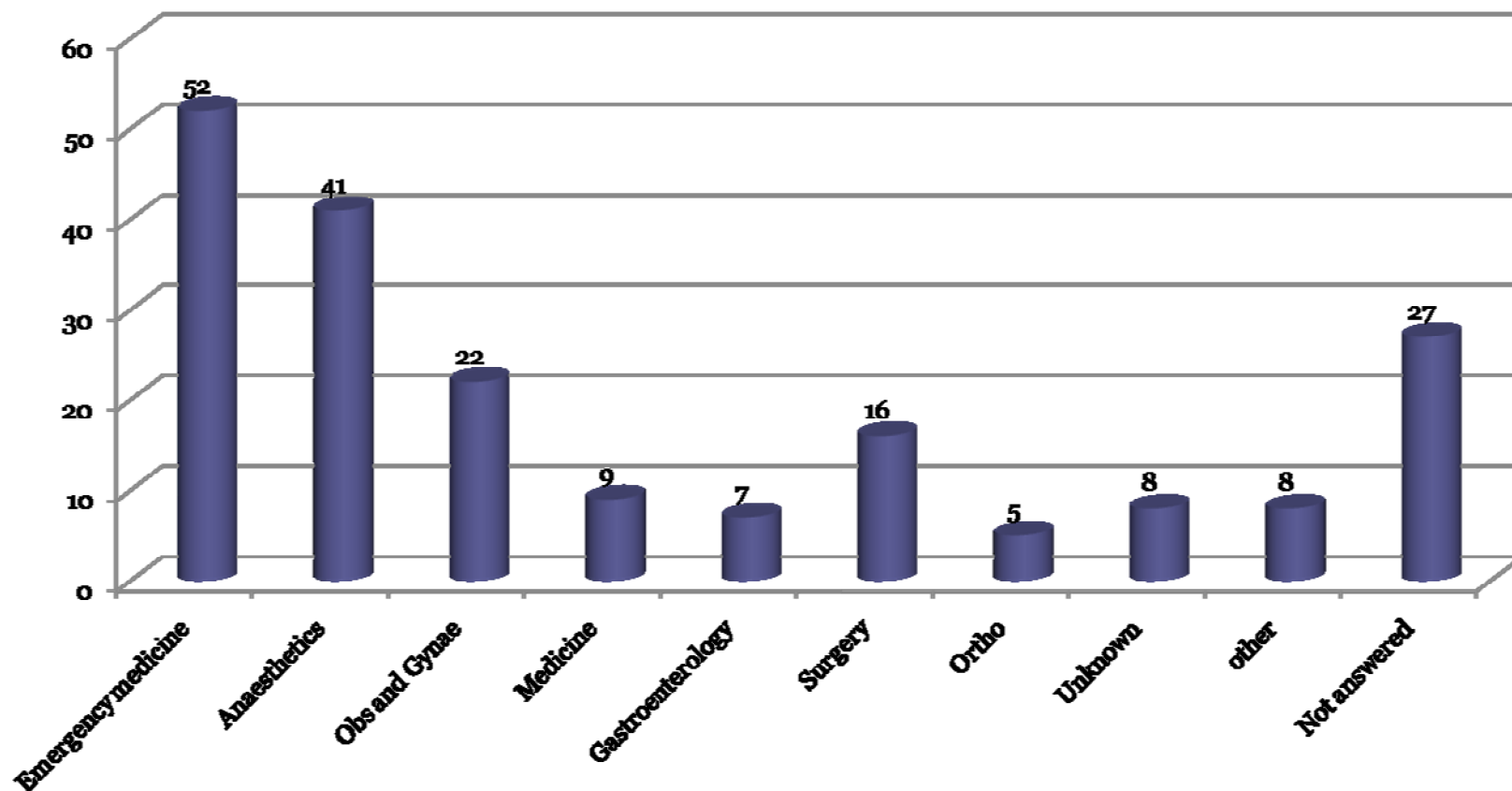




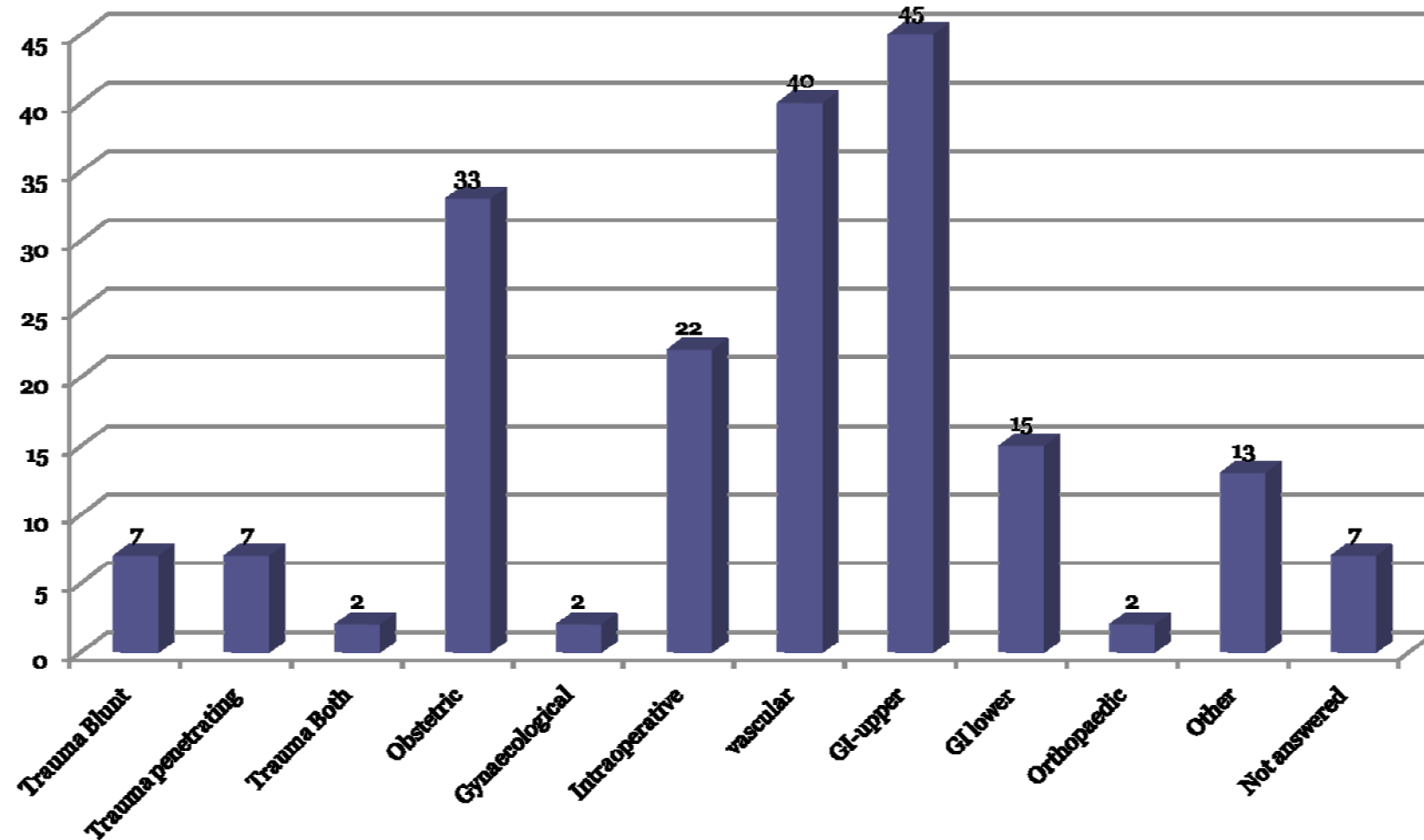
# Grade of person activating



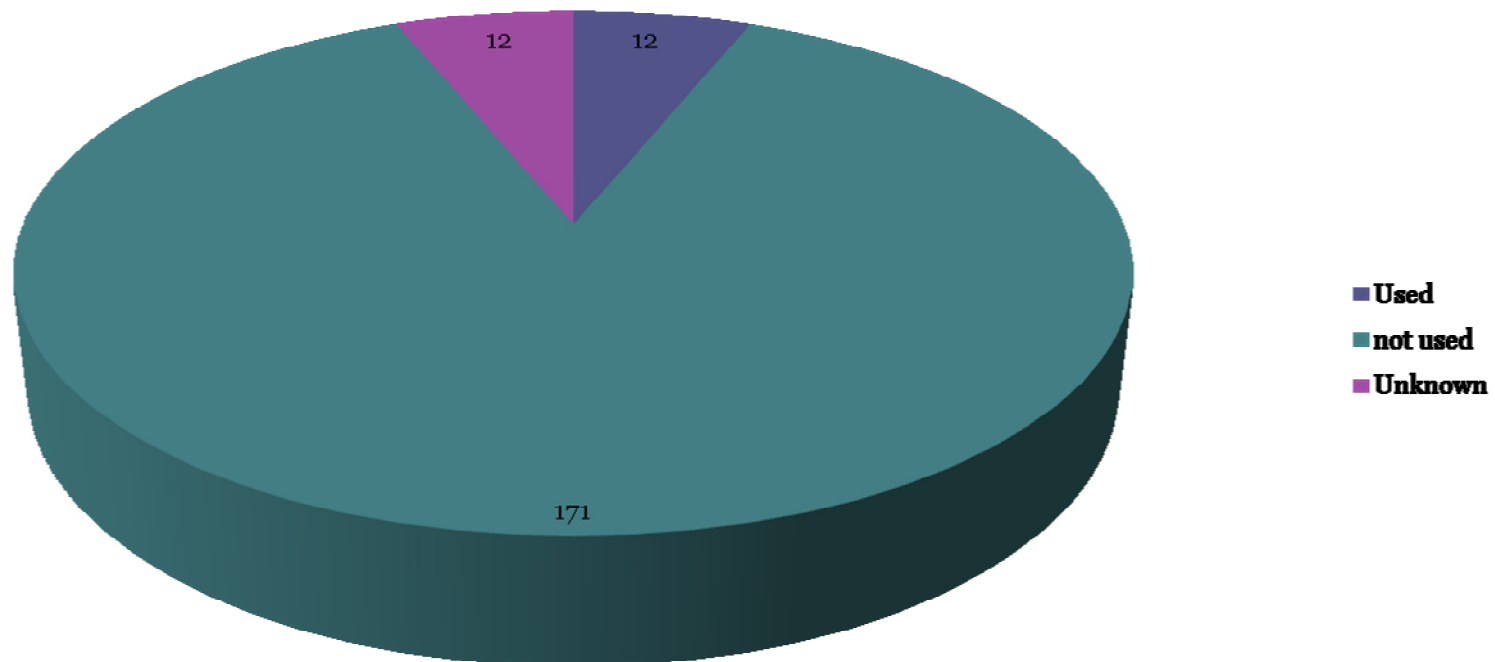
# Department of activating person



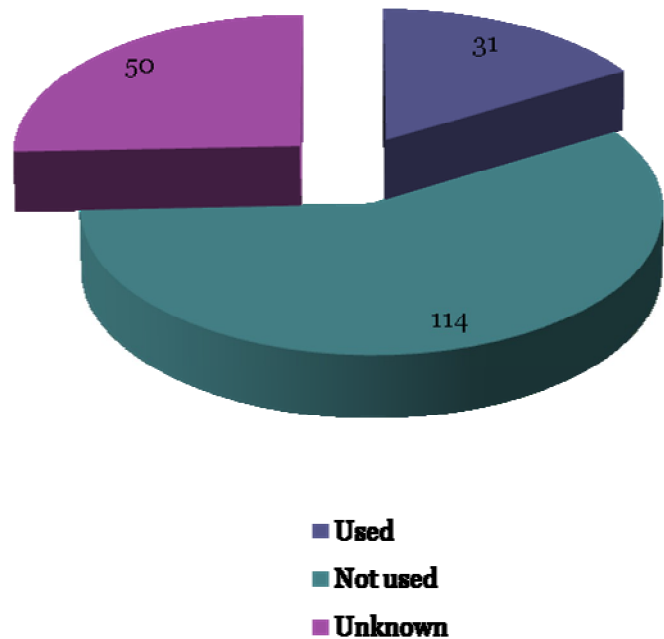
# Presentation of bleed



# TEG/ ROTEM



# Tranexamic Acid Use



- 31 cases used tranexamic acid
- Of the 16% (2/3rds of these had it in first 3 hours- unknown in 28%)
- 14 used as 1g bolus then 1g over 8 hour (6 unknown dosing)
- In trauma cases it was only used in 3 of the 16



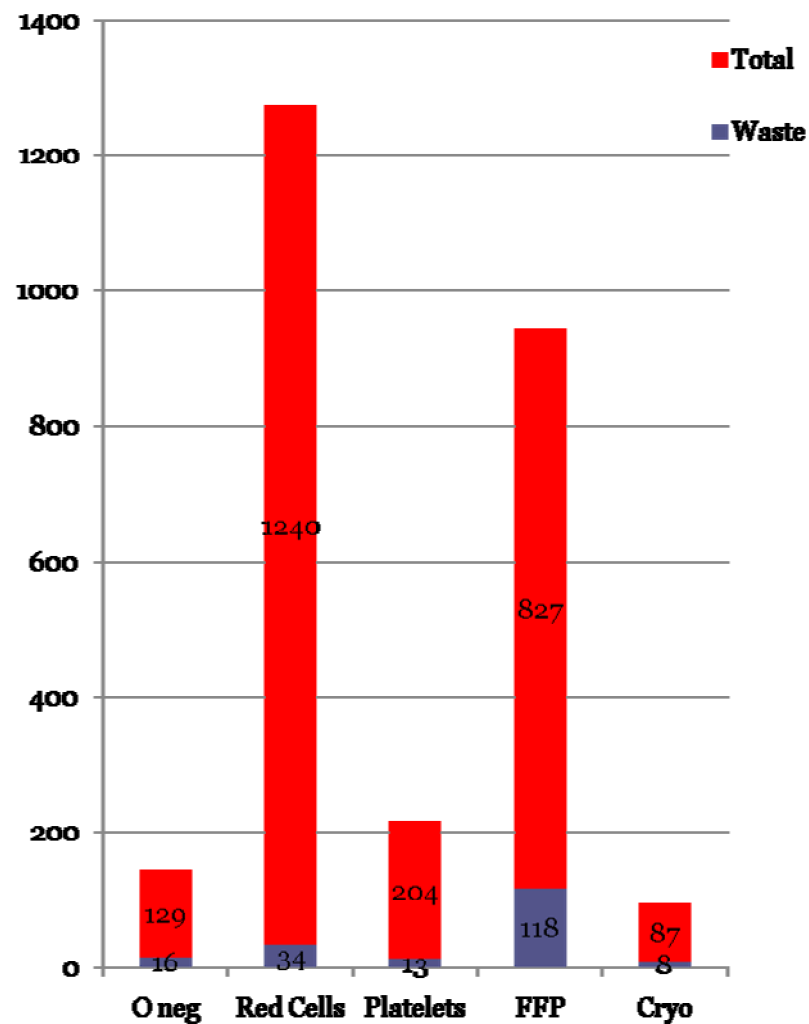
# Cell salvage

- Used in 27 cases (unknown in 60)
- 200mls to 7600mls (2 cases insufficient to process)
- 10 hospitals used cell salvage

# Product use

	No. cases used	mean	Total no. units	Range
O neg	52 (51)	2.5	129	1 to 10
Red Cells	169 (6)	7.3	1240	1 to 40
Platelets	114 (11)	1.8	204	1 to 7
FFP	138 (10)	6	827	1 to 28
Cryoprecipitate	28 (27)	3.1	87	1 to 10

# Product Wastage

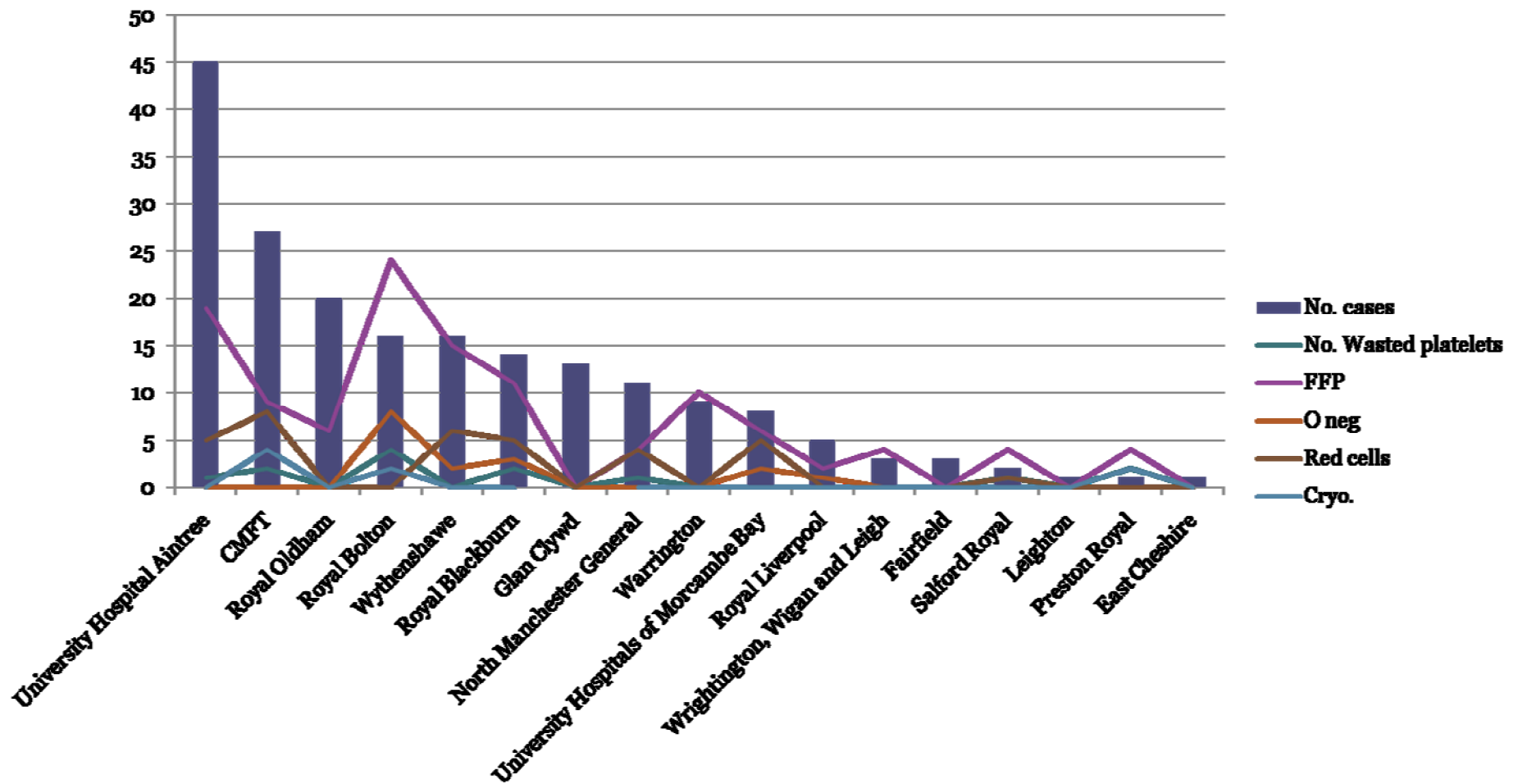


	No. Units wasted	% of total used	No.cases
O Neg	16	11%	5
Red Cells	34	3%	15
Platelets	13	6%	12
FFP	118	12%	31
Cryo	8	6%	2



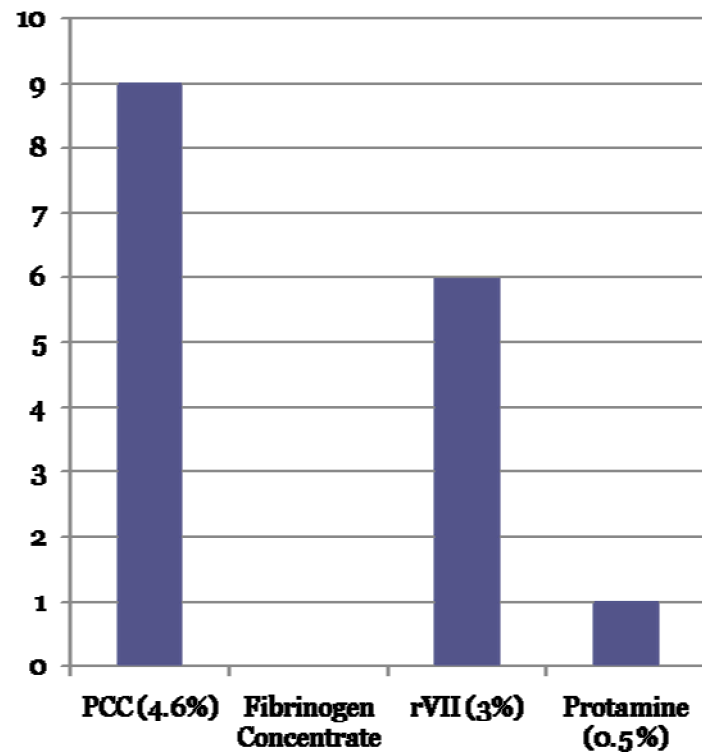
Column1	No. cases	No. Wasted platelets	FFP	O neg	Red cells	Cryo.
University Hospital Aintree	45	1	19	0	5	0
CMFT	27	2	9	0	8	4
Royal Oldham	20	0	6	0	0	0
Royal Bolton	16	4	24	8	0	2
Wythenshawe	16	0	15	2	6	0
Royal Blackburn	14	2	11	3	5	0
Glan Clywd	13	0	0	0	0	0
North Manchester General	11	1	4	0	4	0
Warrington	9	0	10	0	0	0
University Hospitals of Morcambe Bay	8	0	6	2	5	0
Royal Liverpool	5	0	2	1	0	0
Wrightington, Wigan and Leigh	3	0	4	0	0	0
Fairfield	3	0	0	0	0	0
Salford Royal	2	1	4	0	1	0
Leighton	1	0	0	0	0	0
Preston Royal	1	2	4	0	0	2
East Cheshire	1	0	0	0	0	0

# Wastage by Hospital

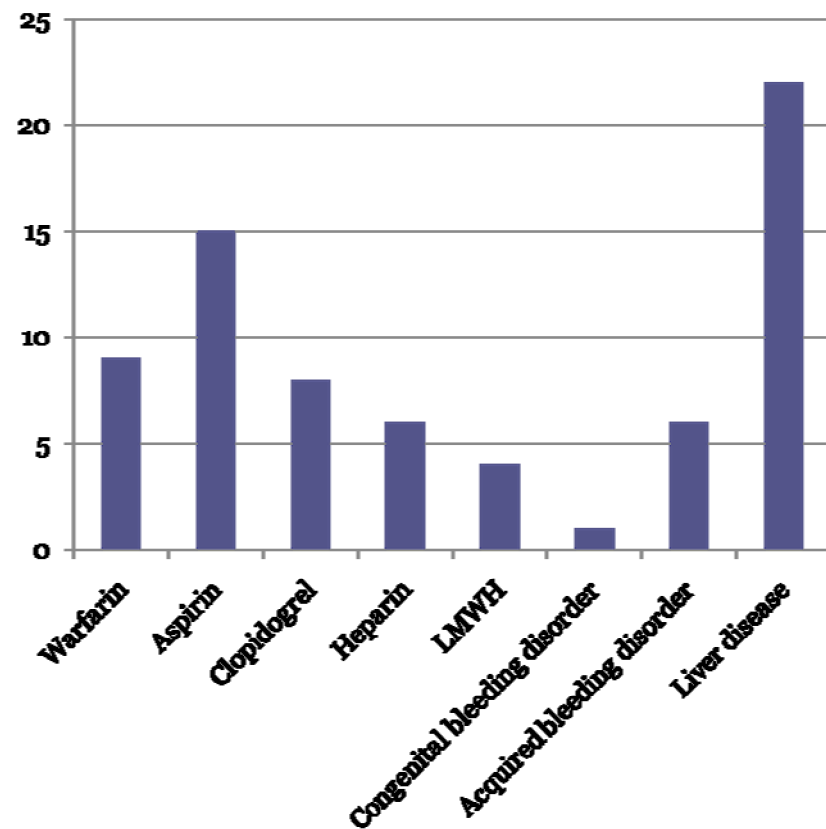


# Adjunct and risk factors

## Adjuncts



## Risk factors

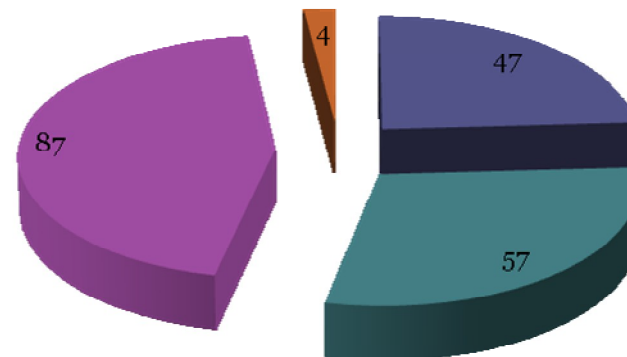


# Afterwards.....

## HDU/ITU

- 118 admitted to critical care (60.5%). Unknown for 5 patients
- Lab unaware of stand down in 29% cases

## Lab informed of stand down



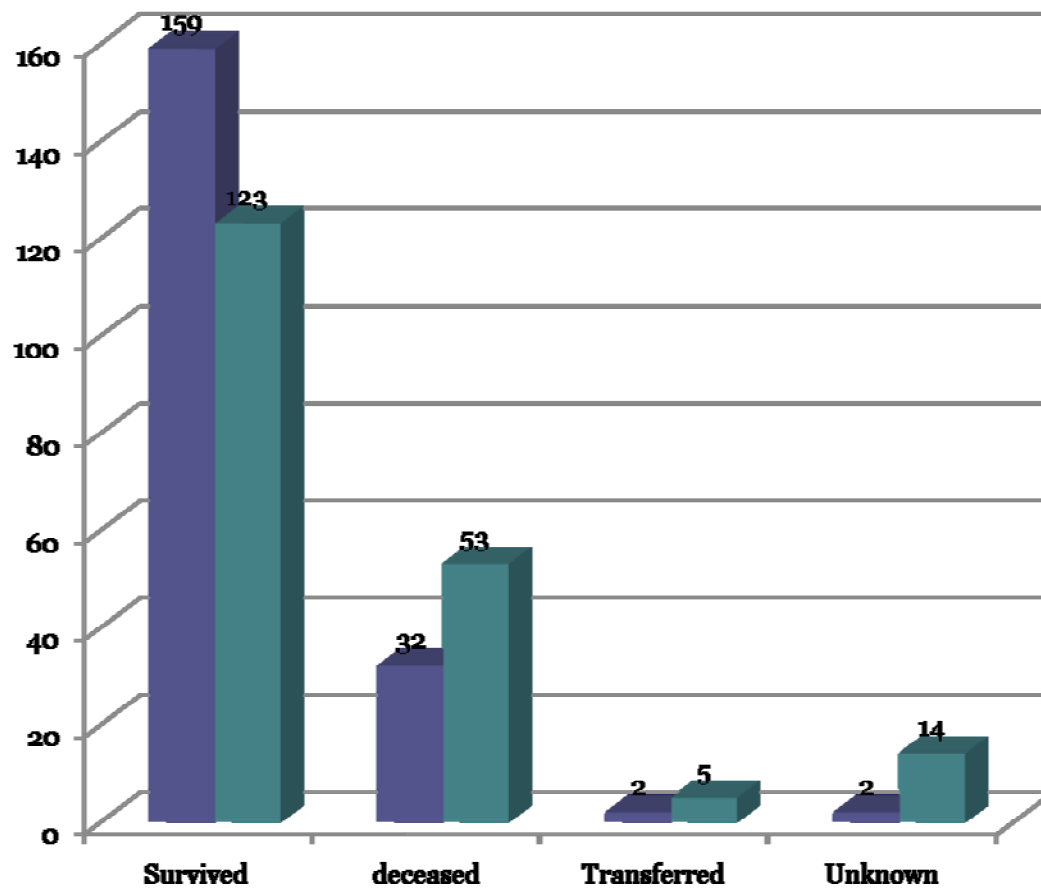
■ Yes  
■ No  
■ Unknown  
■ Not answered



# Complications

- 1- renal failure
  - 3- transfusion reactions
  - 12- multiorgan failure
  - 1- thrombosis
- 
- 12 patients specifically had bleeding as cause of death

# Survival



- 24 hours = 81.5% survival
- 30 days = 63% survival

■ 24 hour survival



# Appropriate Activation?

- 97 appropriate (49.7%)
- 68 not known (34.9%)
- 30 inappropriate (15.4%)
- No patients were reported to have suffered harm as a result of delay in transfusion



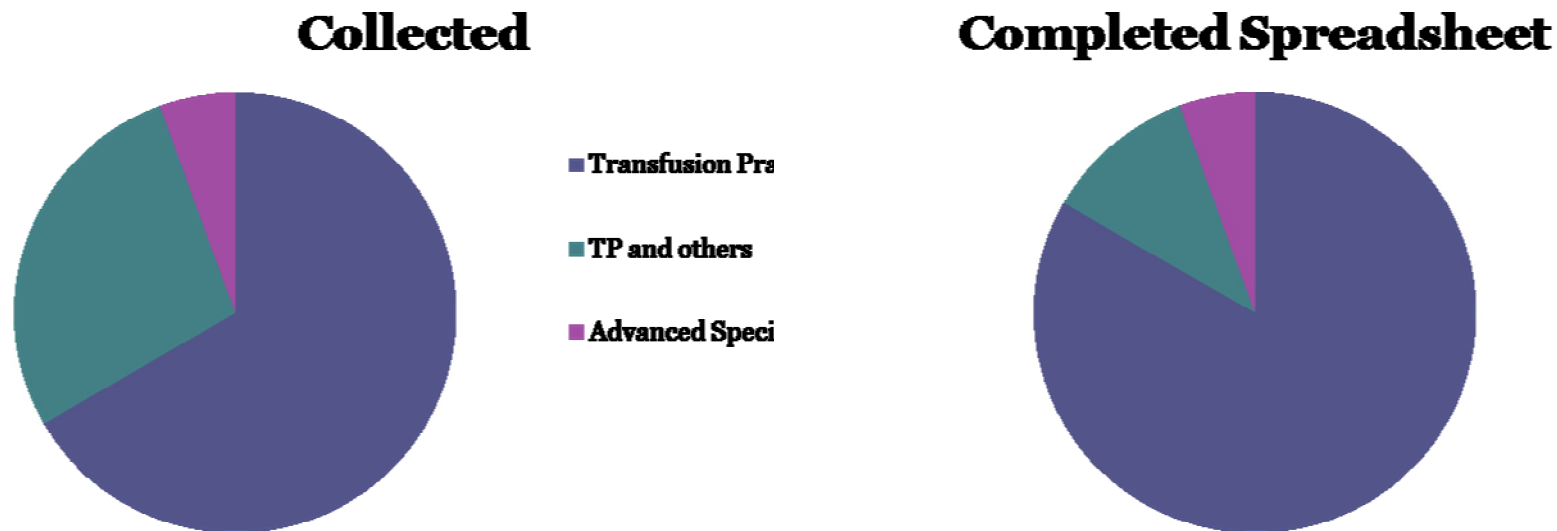
# Learning Points as a Region?

- ?increase use of Tranexamic acid.
- Aim to decrease wastage
- Laboratory still not receiving communication about progress- need to improve on this aspect

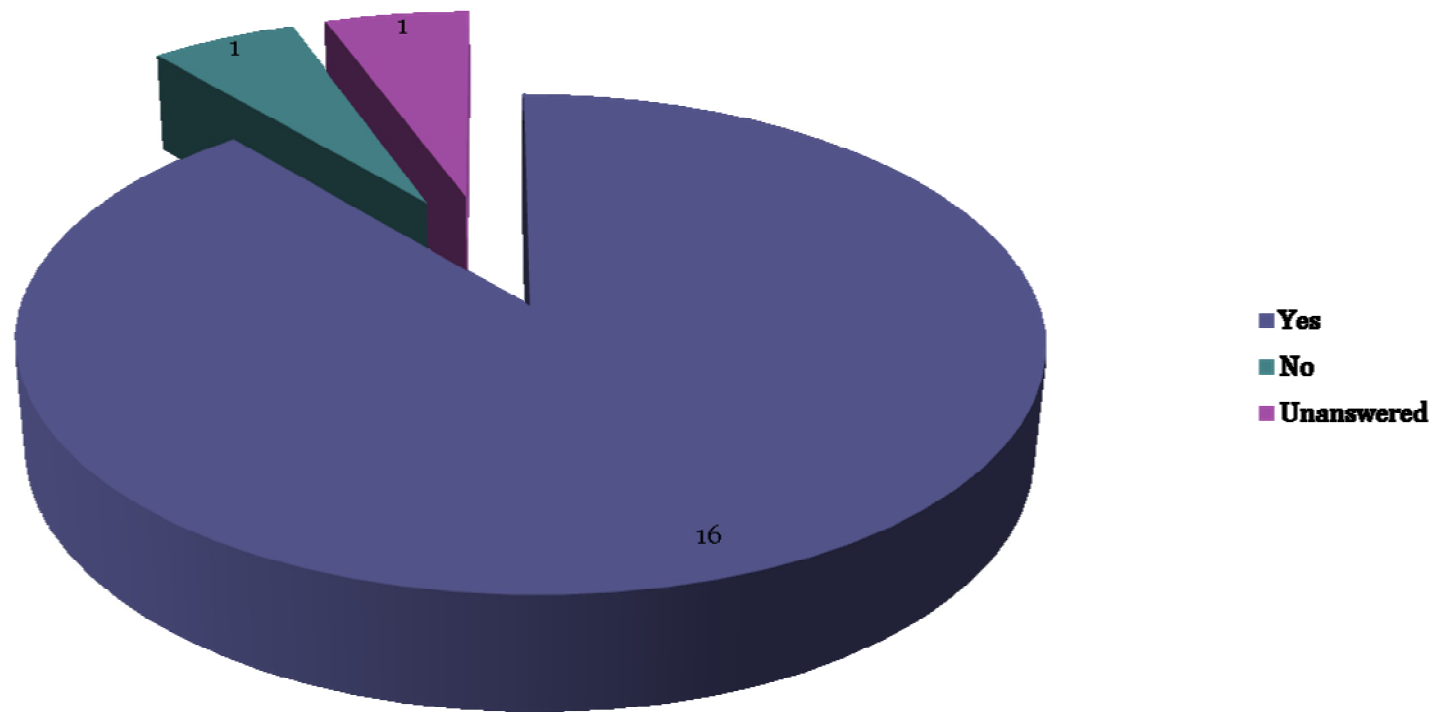


# Questionnaire to feedback on Data Collection period

- 18 responses on questionnaire



Would you participate again?





# Comments.....

- Missing info – Gender, estimated blood loss, haematology consultant informed
- Proforma not matching the spreadsheet, needs to capture all info.
- Need more input from clinicians involved in management
- Spreadsheet big with lots of “no” boxes
- 30 day survival “a lot of work”, age calculator inaccurate.



## Improvements to Toolkit/ data collections set

- Improved way of collecting data on time to first products
- Attempt to gain meaningful information on whether wastage was avoidable or unavoidable
- Blood results- simplifying which results and focusing if normal/ abnormal



## 2<sup>nd</sup> data collection period (preliminary results)....

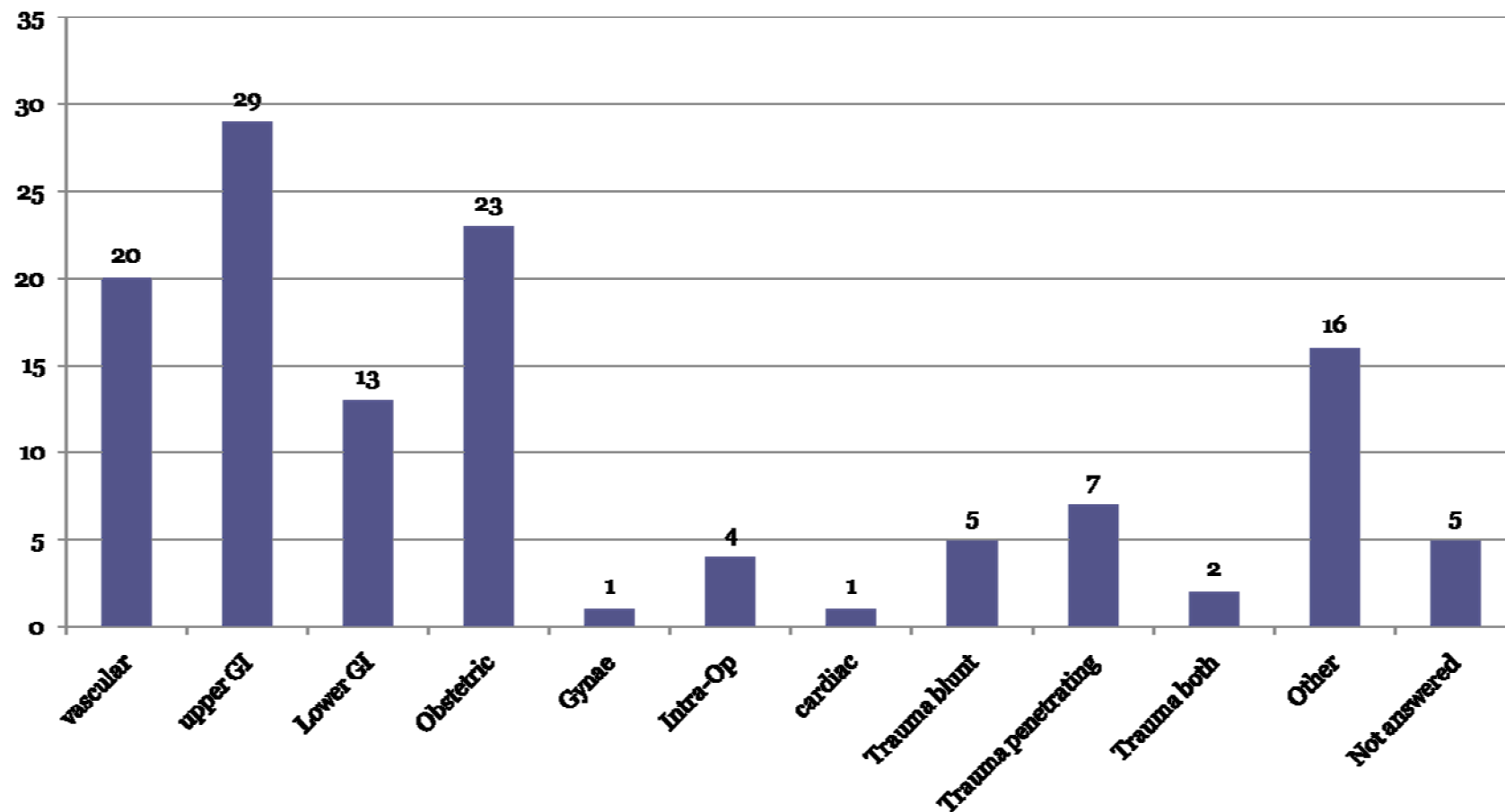
- 6 trusts have submitted data
- 4 trusts have responded with “no activations” having occurred.
- Total of 121 Cases so far (5 paediatric cases also submitted)




## Further results

- Emergency cases 101 of 126 (83%)
- Pathway not activated in 19 cases (16%)- not answered in 5 cases.
- Lab not informed in 3 cases (2%).

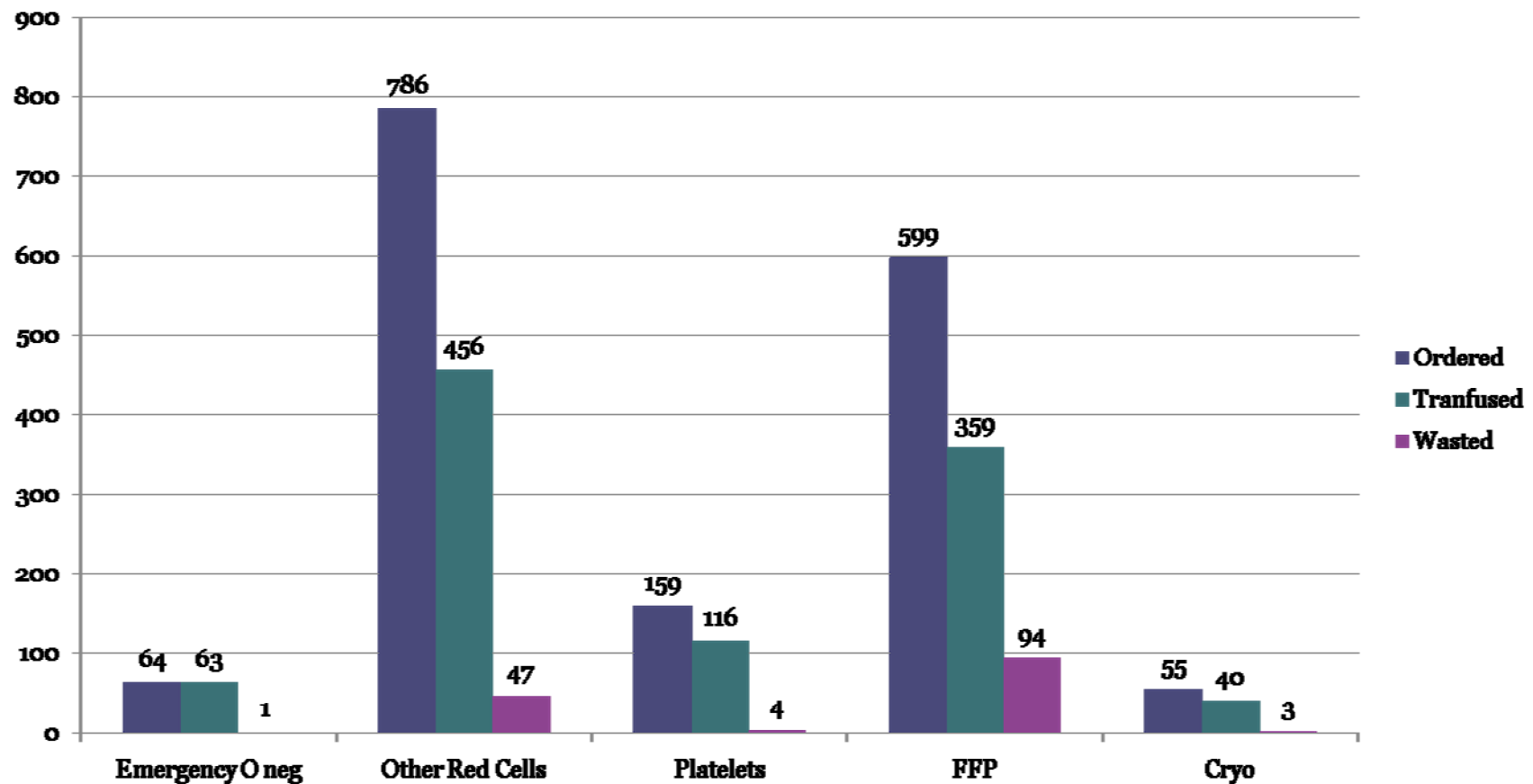
# Presentation



- 
- Of the 14 trauma cases 5 had a trauma call put out (36%)
  - 26 cases used O Neg. Emergency blood (time to supply not answered in 15 cases, unknown in 2, issued “pre activation” in 4).
  - Time to be given submitted for 5 cases. Range 6 to 68 mins, mean=32.6 mins.



# Total units ordered, transfused and wasted





# Cell salvage and Laboratory tests

- Cell salvage was used in 19 cases (15.7% cases). Unknown if used in 26 cases.
- Fibrinogen checked in 46 cases (38%), unknown in 1
- TEG used in 12 cases (10%), unknown in 7, not answered in 1.



# Tranexamic acid

- Used in 19 cases (16%), Unknown in 18, not answered in 30
- Of the 14 trauma cases it was used in 3 cases (21%), not used in 6 (42%), unknown in 3 cases and not answered in 2 cases.



# Outcome

- 54 % (65 cases) were admitted to critical care (question not answered in 7 cases)
- Lab informed of stand down in 38 cases (31%), not answered in 7 cases and unknown in 40 cases. 30% cases lab not informed
- At 24 hours 18 patients had deceased (15%), 1 was transferred and this was not answered in 6 cases.



## So what next?

- Awaiting remaining data submission for 2<sup>nd</sup> audit period.
- Working group also in progress looking at use of TEG/ROTEM
- Ongoing modification to toolkit as new evidence arrives
- Continued development and sharing of resources throughout region.



Thank you for listening