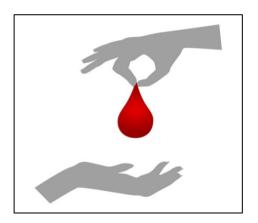
Every Drop Counts



O D Neg Challenges faced by Hospitals

Kate Potter empath Blood Transfusion Deputy Service Manager EM RTC Annual Symposium 20th January 2017



NHSBT Campaign launched in July 2016

O D NEG

Patients need blood



But demand is overstretching supplies





Things need to change

Take a Hospital Laboratory

Blood Transfusion at UHL:

O3 sites = 3 labs = 3 stock supplies

O7 fridges holding 18 Emergency O D Neg units

OO D Neg given unless 2 samples confirm patient's ABO type

OLarge numbers of ECMO and paediatric cardiac patients

OHigh stock levels - distance from Sheffield

What were our main challenges?

Sufficient stock levels

Reduce stock holding

Meet clinical need

Reduce usage & wastage



Routine practices needing improvement

- O General rotation of expiring stock
- Earlier return of expiring emergency O D Neg units
- Over ordering stock 'safety blanket'
- Full staff engagement to maximise unit usage
- O Buy-in from staff to change laboratory practices
- O Better stock 'house-keeping'

How could we do more?



- O Consulted the NHSBT recommendations
- Highlighted areas for immediate change
- O Made initial in-house project
- Project progressed and expanded

NHSBT recommendations

- laboratory

- O To identify an 'O D Neg Champion' from lab
- O Collect and monitor data on O D Neg wastage
- Audit usage of emergency O D Neg units review stock holding in satellite fridges
- O Use O D Pos for men and women > 50 years in MHPs
- Better stock rotation
- O Collaborate with peers for new initiatives
- Analyse data on % O D Neg given to non O D Neg patients

NHSBT recommendations - clinical areas

- O Use O D Pos for men and women > 50 in MHPs
- Raise awareness of importance in preserving O D Negs and avoid wastage



- O Review number of units required for patients
- Treatment of pre admission anaemia
- Use educational resources supplied by NHSBT
- Feedback to HTC, RTC and NHBST

NHSBT recommendations - Trust

- Actively promote the 'Save One O D Neg a Week' campaign within your Trust
- Raise awareness of importance in preserving O D Negs and avoid wastage



- O Review OSBOS
- Use educational resources supplied by NHSBT
- Link with regional PBM Practitioner for help and support through HTC



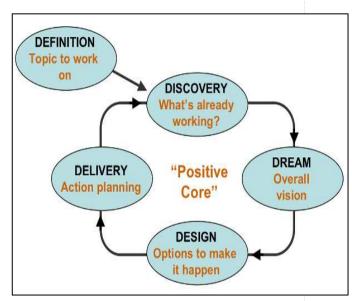


'Every Drop **\(\Lambda \)** Counts Collaboration Event'

I held a pilot participatory 'innovative' event using the Appreciative Inquiry tool

Points raised supporting NHSBT:

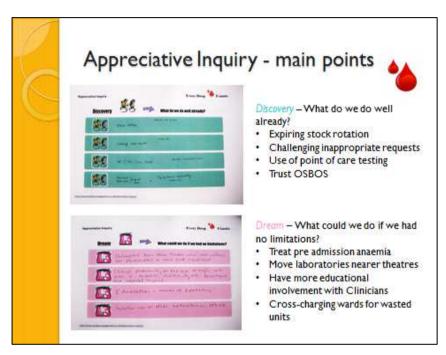
- ODetermine appropriate O Neg usage
- OUse O Pos for men and women >50 years
- OBetter stock rotation between hospital sites
- OLaboratory 'champion' to lead education and awareness throughout Trust
- OReview OSBOS
- OTreat pre op anaemias

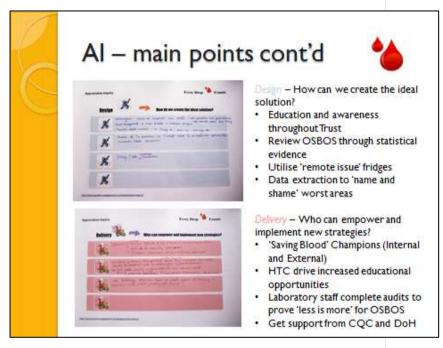


Additional points raised:

- Olnappropriate MHP activation
- OEmpower lab staff to challenge component requests

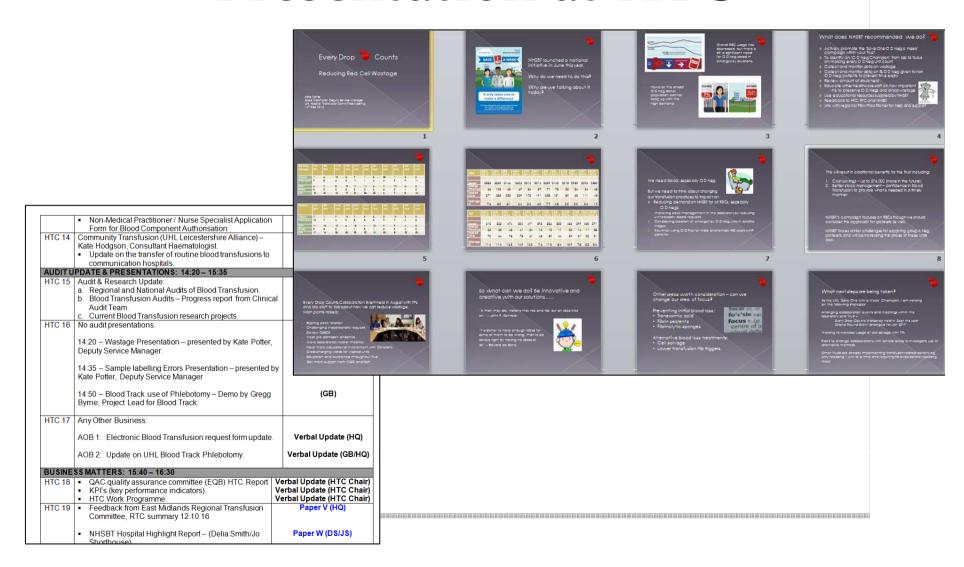
- Olncreased use of cell salvage
- OLower Hb triggers for transfusion
- OTake this workshop to clinical areas



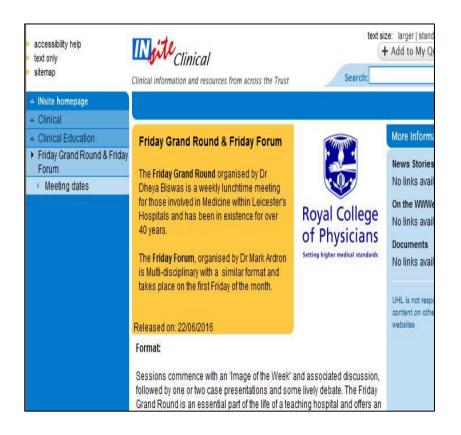


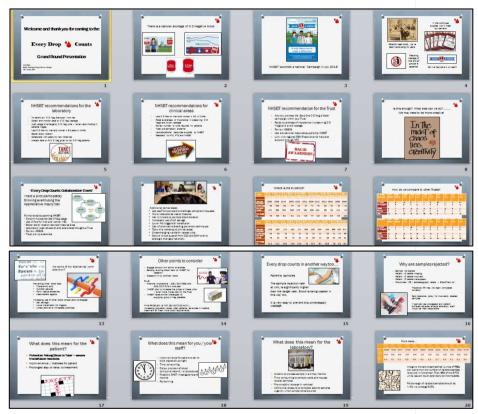
- Use of alternative bleeding prevention techniques
- Cross-charging wards for wasted units
- Secure direct support from CQC and DoH to drive strategic changes nationally
- Move laboratories nearer theatres
- Ask clinicians and clinical areas to promote blood donation

Presentation at HTC



Presentation to Trust





Are 'alternatives' worth more attention?

Preventing initial blood loss:

- OTranexamic acid / PCCs
- OQuikClot gauzes
- OFibrin tissue adhesives
- OHaemostatic agents

Increase use of blood conservation strategies:

- OCell salvage
- OLower transfusion Hb triggers
- OEPO and intravenous / oral iron
- OJehovah's Witnesses practices
- OMultimodal patient-based blood management plans

Other points to consider

- Olncrease engagement with donor populations
- OReturn expiring blood to NHSBT for research
- OExtend research in to existing alternative blood conservation management plans
- OEncourage further research in to blood 'substitutes'

PLUS

- OFinancial implications £81,000 RBCs and £65,500 PLTs in one year further increases?
- ONHSBT faces similar challenges with supplying group A D Neg platelets

THIS PROBLEM IS NOT GOING TO GO AWAY

Population, age, advances, donors all impact on our red cell demands

| RBC | DEC 2015 | JAN 2016 | FEB 2016 | MAR 2016 | APR 2016 | MAY 2016 | JUN 2016 | JUL 2016 | AUG 2016 | SEP 2016 | OCT 2016 | NOV 2016 |
|-----------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | | | | | | | | | | | | |
| Issued | 3583 | 3569 | 3146 | 3606 | 3216 | 3214 | 3359 | 3143 | 3015 | 2955 | 3096 | 2580 |
| Wasted | | | | | | | | | | | | |
| Time Exp | 63 | 103 | 62 | 67 | 54 | 57 | 71 | 73 | 22 | 24 | 34 | 45 |
| Wasted Total | 271 | 285 | 255 | 229 | 172 | 191 | 258 | 151 | 89 | 65 | 111 | 45 |
| Wastage | | | | | | | | | | | | |
| % | 7.6 | 8.0 | 8.1 | 6.4 | 5.4 | 6.0 | 7.1 | 4.8 | 3.0 | 2.2 | 3.6 | 1.9 |

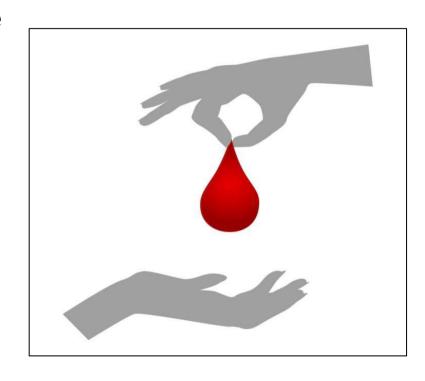
| PLT | DEC 2015 | JAN 2016 | FEB 2016 | MAR 2016 | APR 2016 | MAY 2016 | JUN 2016 | JUL 2016 | AUG 2016 | SEP 2016 | OCT 201 6 | NOV 2016 |
|----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------|-------------|
| | | | | | | | | | | | | |
| Issued | 612 | 563 | 474 | 504 | 471 | 593 | 526 | 522 | 456 | 399 | 420 | 371 |
| Wasted | | | | | | | | | | | | |
| Time Exp | 33 | 30 | 45 | 41 | 34 | 13 | 15 | 11 | 22 | 14 | 11 | 28 |
| Wasted | | | | | | . — | | | | | | |
| Total | 70 | 64 | 78 | 75 | 61 | 45 | 59 | 44 | 59 | 31 | 22 | 31 |
| Wastage | | | | | | | | | | | | |
| % | 11.4 | 11.4 | 16.5 | 14.9 | 13.0 | 7.6 | 11.2 | 8.4 | 12.9 | 7.8 | 5.2 | 8.4 |

NHSBT recommendations

Collaborate

Don't disappoint donors

Keep moving forward



Engage those that can influence change

Use the stats

Be creative

Choose a 'Champion'