Fetal Genotyping Leeds Teaching Hospitals Experience

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#### Content

- Rh blood group system
- Haemolytic Disease of the Fetus & Newborn
- NICE guidelines
- cffDNA
- Benefits
- Accuracy
- LTH experience

- Outcome
- Issues
- Sample labelling
- Sample criteria
- Anti-D issues
- Statistics
- Cell free fetal DNA
- Questions

## Rh Blood Group System

- 1939 Levine and Stetson
  - Rh blood group system
  - Chromosome 1
- 1940 Landsteiner and Weiner
  - LW blood group system IT WASN'T ME
  - Chromosome 19

# Haemolytic Disease of the Fetus & Newborn (HDFN)

- Serious HDFN
  - Anti-D, anti-c and anti-K
- Mild to moderate
  - Others active at 37°C
- Clinical signs
  - Hyperbilirubinaemia
  - Anaemia



Image: Qureshi, R (2015) *Introduction to Transfusion Science Practice*, British Blood Transfusion Society, 6<sup>th</sup> Edition.

- Hepatomegaly/splenomegaly
- Hydrops fetalis

# NICE guidelines

- Routine antenatal anti-D prophylaxis (RAADP)
  - Two doses at 28 weeks and 34 weeks
  - One dose between 28 to 30 weeks
- High-throughput non-invasive prenatal testing (NIPT) for fetal *RHD* genotype (http://www.nice.org.uk/guidance/dg25)

National Institute for Health and Care Excellence

# cffDNA

- Fetal DNA in maternal plasma
  - 1997 Lo et al showed 3-6% fetal DNA
  - 2008 Lun et al showed ~19% fetal DNA
- Syncytiotrophoblasts undergoing apoptosis
- Real-time Quantitative PCR used to detect *RHD*

## Benefits

- Substantial reduction in the use of anti-D immunoglobulin
- Women with an RhD negative fetus spared unnecessary exposure
- Cost
  - D-gam 500 IU £33.75
  - Rhophylac 1500 IU £39.50
  - Clinic time is reduced
  - cffDNA testing

### Accuracy

- Finning K et al 2008
  - 1869 samples
  - 95.7% correct fetal RhD phenotype predicted
  - 3.4% unobtainable/inconclusive
  - 0.8% false positive
  - 0.1% false negatives
- Risks
  - False positive
  - False negative

## Leeds Teaching Hospitals

- Booking bloods Group & Antibody screen
- Laboratory identifies all RhD Negative ladies list to ANC
- cffDNA offered ~ 16 weeks
- cffDNA sent to laboratory NHSBT IBGRL
- List of all cffDNA received sent weekly to ANC
- ANC upload results onto PPM/spreadsheet
- Letter to midwife and patient with outcome
- Test post delivery cord samples highlight discrepancy

#### Outcomes

- Fetus is Rh D negative
  - No anti-D appointment
  - 28 weeks as normal
  - No PSE testing required
- Fetus is Rh D positive
  - Managed as per Rh D positive pathway
  - Anti-D appointment generated
- Sample inconclusive
  - Manage as per Rh D positive pathway
- Sample not tested
  - Repeat required 2 repeats maximum

#### Issues

- Laboratory Information Management Systems
  - Very old Apex based
  - Complicated to extract information
- Overcome by adding additional test code for all antenatal patients
- Weekly lists performed
  - Breakdown workload for ANC
  - Women book at various gestational ages

# Sample labelling

- Zero tolerance
  - Forename
  - Surname
  - DOB
  - NHS/Hospital number
  - Signed and dated
- Surname changes
- Incomplete information
  - Gestational data

## Sample criteria

- Must not be refrigerated
- Must not have other tests done prior
- Must reach IBGRL within 7 days

LGI NHSBT Leeds NHSBT Manchester NHSBT Birmingham IBGRL Filton

### Anti-D issues

- Maternity assessment sending Anti-D and Kleihauer requests for PSE - fetus predicted to be RhD negative
- Patient asking for Anti-D fetus predicted to be RhD negative
  - Confidence in test
  - Norm

#### **Statistics**

- 463 ladies offered cffDNA
- 254 Rh D Positive (54.8 %)
- 158 Rh D Negative (34.1 %)
- 19 inconclusive (4.1 %)
- 32 Not tested/Not applicable (6.9 %)
  - Transport issues
  - 2 x sample repeats
  - Moved out of area
  - Declined (n=3)

## Statistics continued....



#### Cell free fetal DNA



