

# **Fetal genotyping from maternal blood**

**Geoff Daniels**

**IBGRL, NHSBT, Bristol**

# **D-negative pregnant woman with anti-D**

**Valuable to know D type of fetus**

**Fetus D-positive: at risk**

**pregnancy should be managed  
appropriately**

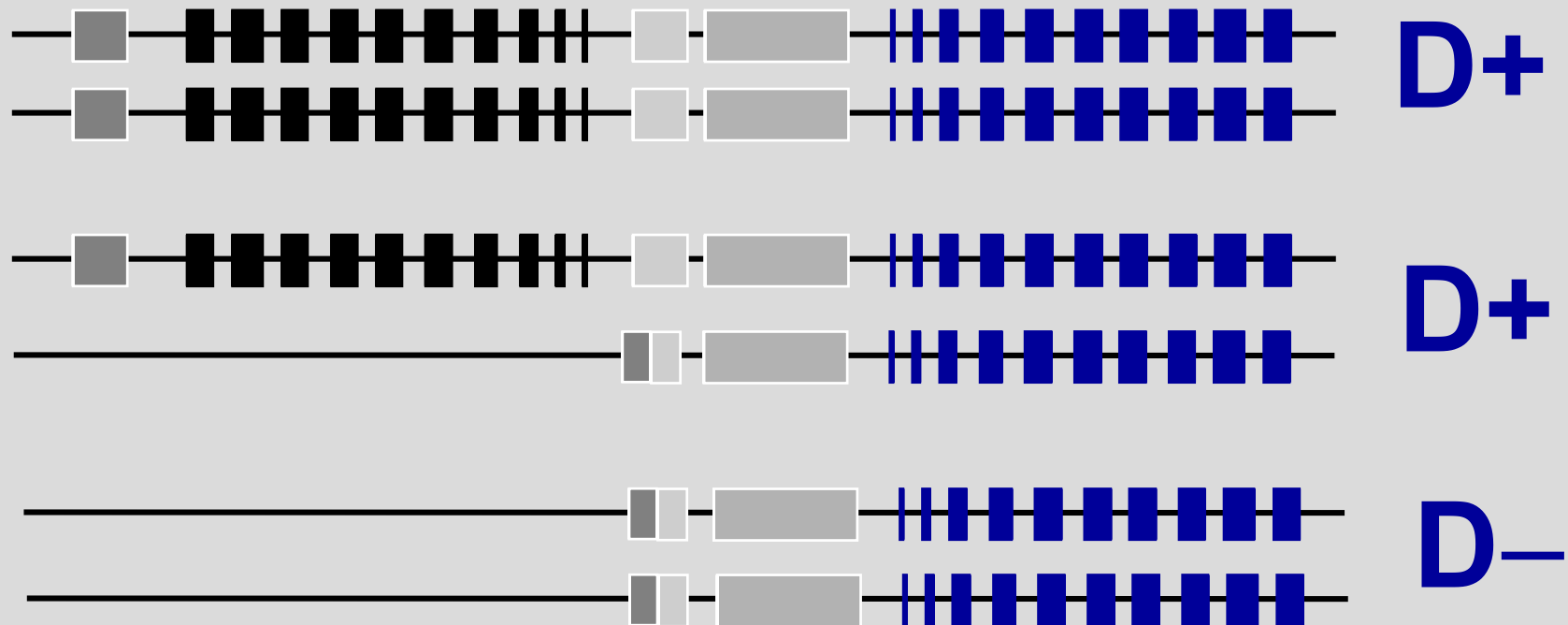
**Fetus D-negative: not at risk**

**no need for intervention**

# Rh haplotypes

*RHD*

*RHCE*



**RhD genotyping tests detect  
presence or absence of  
*RHD***

**Complicated by variants,  
but these can be taken into  
account in when developing the  
tests**

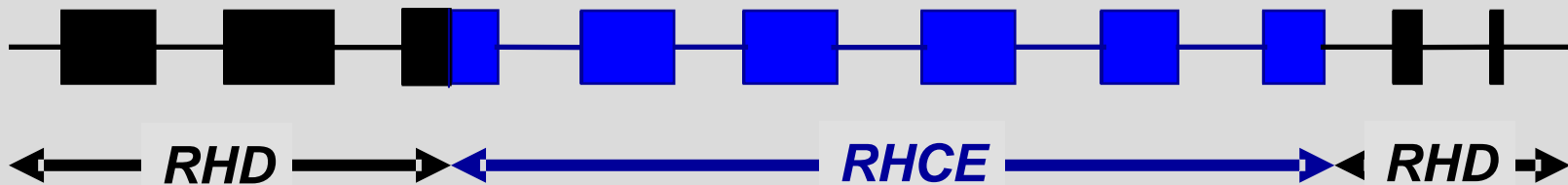
# Variant D genes

*RHD\* $\Psi$*  D-

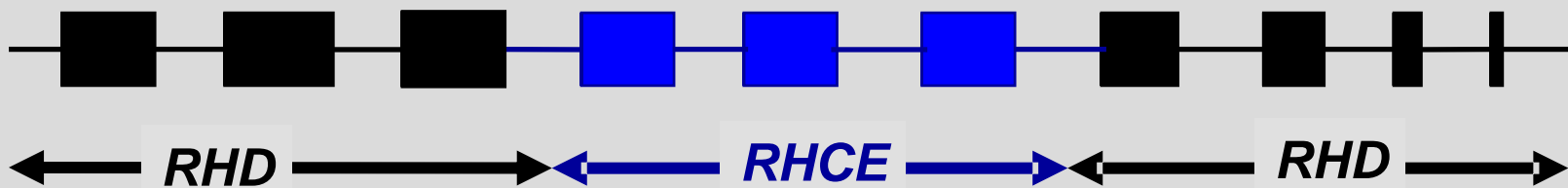
37 bp duplication      nonsense



*RHD-CE-D<sup>s</sup>* D-



*RHD\*DVI* D+



# **Source of fetal DNA**

**Before 2001**

**DNA from amniocytes or  
chorionic villi**

**Amniocentesis:**

**0.5-1.0% risk of spontaneous abortion**

**20% risk of transplacental haemorrhage**

**CVS: similar risks**

# **Cell-free fetal DNA in maternal plasma**

**10–20 weeks: 10–15% cell-free DNA = fetal**

**Range: 3–30%**

**>21 weeks: increases by ~1% per week**

**Excellent source of fetal DNA**

**for fetal *RHD* testing**

**in D-negative pregnant women**

# Fetal DNA in maternal plasma

DNA isolated from maternal plasma

85-90% maternal DNA

No *RHD* (mother D-neg)

10-15% fetal DNA (fetal fraction)

*RHD* present if fetus D-pos

No *RHD* if fetus D-neg

# **Real-time quantitative PCR**

## **Taqman chemistry**

**Measures quantity of product at every cycle**

# **Advantages of real-time quantitative PCR**

- **Highly sensitive**
- **Quantitative**  
ensures testing fetal, not maternal, DNA
- **Closed system**  
reducing risk of contamination

**1994: Fetal blood group genotyping**

**2002: Fetal D typing on cff-DNA**

**Later extended to K, C, c, E**

**Service provided for D– women  
with anti-D (>4 IU/ml) or  
with history of fetal/neonatal haemolysis**

**Standard of care in England**

***RHD* exons 4, 5, 7, 10**

**Real-time QPCR**

**Only exons 7 & 10 amplify**

***RHD\* $\Psi$ , RHD-CE-D<sup>s</sup>, RHD\*DVI***

## Other tests on fetal DNA in maternal plasma

<b>K</b>	<b><i>KEL</i></b>	<b>T698</b>	<b>exon 6</b>
<b>Rh c</b>	<b><i>RHCE</i></b>	<b>C307</b>	<b>exon 2</b>
<b>Rh E</b>	<b><i>RHCE</i></b>	<b>C676</b>	<b>exon 5</b>
<b>Rh C</b>	<b><i>RHCE</i></b>	<b>insert</b>	<b>intron 2</b>

**RQ-PCR with an allele-specific primer**

## No. fetal samples tested for blood groups 2012/13

RhD	205
K	148
Rhc	72
RhE	65
RhC	10
<b>Total</b>	<b>500</b>

**~500 pregnancies per year**

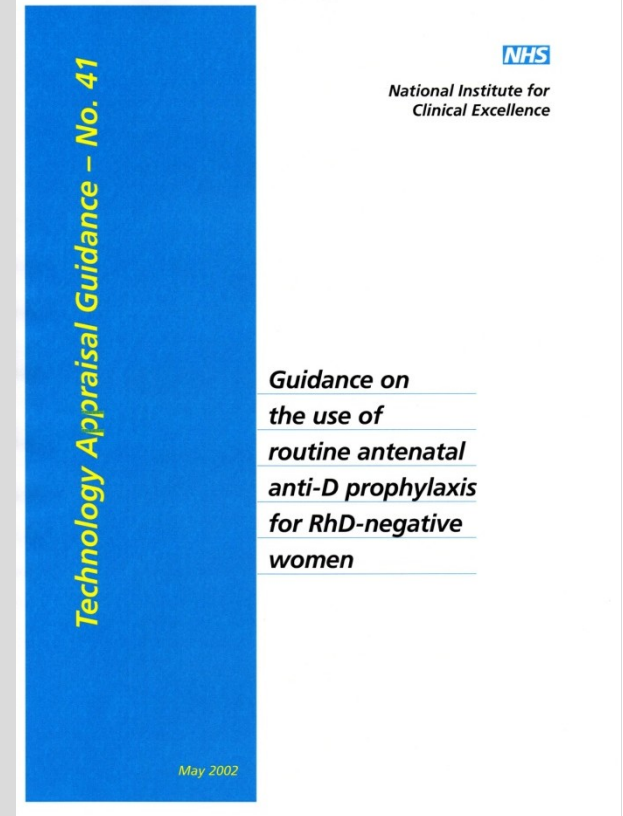
**Charge: £260**

**Rh: test at 16 weeks gestation**

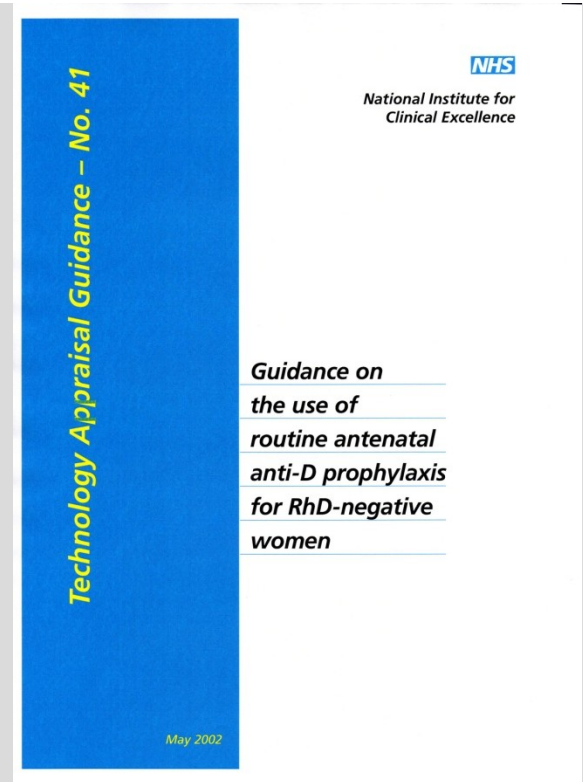
**K: after 20 weeks gestation**

# Recommendation

**All RhD-negative  
pregnant women  
should be offered  
500 IU anti-D Ig  
at 28 & 34 weeks**



**Endorsed studies  
into the feasibility  
of mass testing antenatally  
for fetal blood group  
by analysis of fetal DNA  
in maternal plasma**



# **Routine antenatal anti-D prophylaxis**

**1 or 2 doses at ~ 28–34 weeks**

**All D– pregnant women treated**

**37–40% have D– fetus**

**All D– pregnant women receive anti-D after sensitising event, after 12 weeks**

**High-throughput test  
developed at IBGRL, Bristol  
Finning *et al.* BMJ 2008;336:816**

**DNA isolated robotically**

**Real time PCR –**

***RHD* exons 5 (*RHD* $\Psi$ –) & 7 (*RHD* $\Psi$ +) )**

**1869 pregnancies**

**High level of accuracy**

**~28 weeks gestation**

# 7 hospitals



**Newcastle**

**South Tyneside**

**Sunderland**

**Birmingham women's**

**UCLH, London**

**Southmead, Bristol**

**St Michael's, Bristol**

**~5000 samples from 1769 women**

Approved by National Research Ethics Service

**Taken at**

<b>Booking</b>	<b>7-10 weeks</b>
<b>Down's screening</b>	<b>11-17 weeks</b>
<b>Routine anomaly scan</b>	<b>18-23 weeks</b>
<b>Antibody screen</b>	<b>28 weeks</b>

**Cord blood tested serologically**

**4913 fetal genotyping results  
up to 4 analyses per woman**

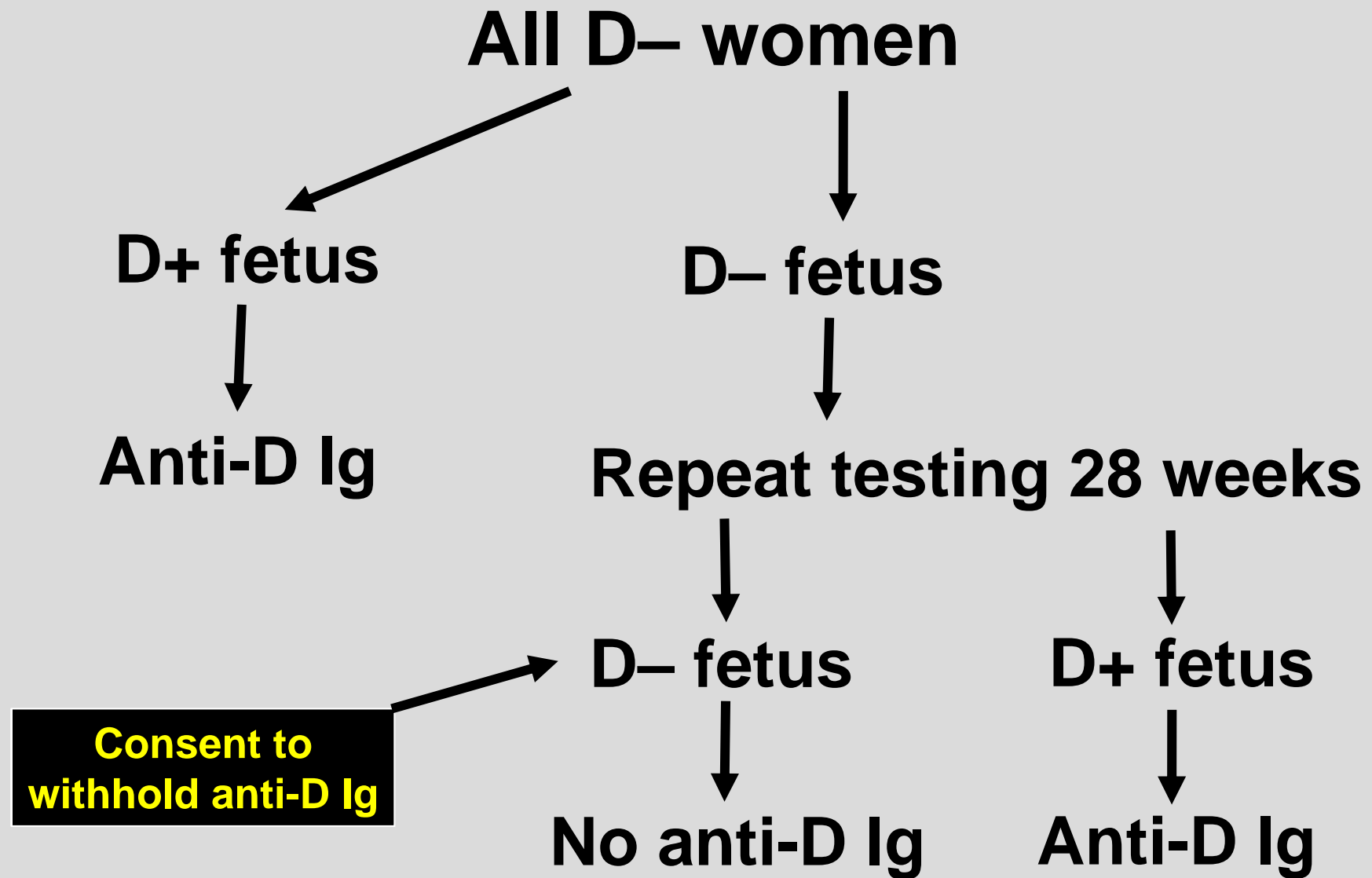
**78% Caucasian**

**6% Asian**

**4% Black or mixed race**

**12% unknown**

**Gestational age: 5–35 weeks  
(mean & median 19 weeks)**



# Results

	Gestation (weeks)				
	<11	11-13	14-17	18-23	>24
Correct	737	876	497	813	1525
False D–	16 (1.8%)	1 (0.10%)	1 (0.18%)	1 (0.11%)	0
False D+	1	4	1	5	7
Inconclusive	111	75	43	69	93
Total	865	956	542	888	1625
Specificity D–	96.2	99.8	99.5	99.8	100

$\frac{1}{2}$  inconclusive variant *RHD* in mother or fetus  
 &  $\frac{1}{2}$  result below threshold

Testing is accurate after 11 weeks

# **Economic analysis**

**Based on audit of anti-D usage  
by D– women  
booking in a maternity unit  
over a 2-year period  
with costs modelled**

**What are the economic savings that can be made from this testing?**

**Antenatal anti-D Ig:  
routinely at around 28 weeks  
after potential sensitising events**

**Kleihauer test following events  
associated with feto-maternal  
haemorrhage**

**Serological testing following delivery.**

# **Economic analysis**

**Testing at >11 weeks, but <25 weeks would generate modest additional costs**

**if 20,000–80,000 samples per year tested**

**Costs estimated at between £1.3 & £14**

**Earlier the typing & larger no. tested**

**– the lower the costs**

**Lowest costs arise from early fetal testing, but test must coincide with routine early pregnancy appointments**

# **Conclusion**

**Fetal D typing could be introduced at a small additional cost to the NHS**

**If delivered at the time of  
routine clinic visit or  
routine midwife visit  
at or before 16 weeks gestation**

# **Questionnaire, interview, & focus group-based study**

**(Oxenford K, et al. *Prenat Diagn* 2013;33:688-694)**

**D– pregnant women & health professionals  
would welcome the introduction of routine fetal  
D typing**

**Both groups are keen to avoid unnecessary  
administration of anti-D**

**Any implementation must be preceded by  
education of midwives delivering the service**

# Advantages

- **Cost effective?**
- **Anti-D Ig in short supply**
- **Eliminates unnecessary treatment of pregnant women with blood products**
- **Bristol study:**
  - Negative results in 36% women**
  - England & Wales:**
    - ~40,000 mothers per year spared anti-D Ig**

# **Fetal RhD testing in all D– pregnant women**

**Provided as service in:**

**Denmark            26 weeks'**

**Netherlands    28 weeks'**

# **How are we going to implement fetal testing for all D-negative pregnant women in England?**

**Region covered by NHSBT,  
~100,000 pregnancies per year**

**Save ~38,000 women from receiving anti-D Ig unnecessarily**

**Setting up such a project is a big task**

**With many the hospitals extremely short on funding, it is possible that they would not pay**

# **Bristol pilot**

**Initiated on April 1 2013 for 1 year**

**Involves 3 hospital trusts**

**Initial plan – samples to be taken at 12 weeks,  
Down's syndrome test**

**Community midwives did not want  
discussions on Down's testing confused by  
obtaining consent for *RHD* testing**

**Agreed to blood samples taken at 15–16 weeks  
by community midwives at routine visit**

# **Bristol pilot**

**Significance of the test explained to mothers**

**When result obtained from lab, mothers with a D– fetus advised not to receive Ig**

**If they choose it, then it will be given**

**Mothers with D+ fetuses and those with inconclusive results recommended to receive Ig**

**Too early to provide any results**

**Expect to test about 1,500 pregnancies in duration of the pilot**

# **Bristol pilot**

## **Audit to assess:**

**Pathway efficiency**

**Accuracy of the test**

**Adherence to protocol by analysis of case notes from 100 consecutive D– women**

**Overall change in anti-D Ig & Kleihauer test usage following introduction of the service**

# **Bristol pilot**

**Charging hospitals £12 for test**

**After 1 year, will hospitals pay a more realistic charge?**

**Hope to expand to the rest of England**

**What's around the corner?**

**Next  
generation  
sequencing?**

# **Next generation sequencing or massively parallel sequencing**

**One sequencing procedure and one operator  
can generate as much data as several hundred  
Sanger-type capillary sequencers**

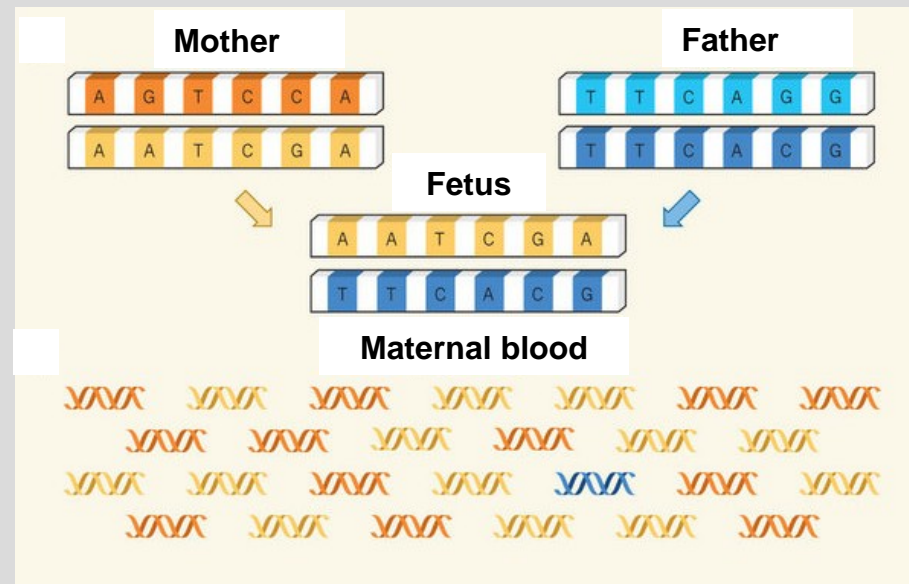
**Next generation  
sequencing**

**Sanger  
sequencing**

# **Next generation sequencing**

- **Capacity to sequence the whole genome of 10 people in one run**
- **Capacity to sequence limited regions of genome of many individuals in one run**

# Next generation sequencing can be applied to fetal genotyping



**Now possible to determine sequence of fetal genome from 5 ml of maternal blood**

Henry T Greely

**“Regulators, doctors and patients need to prepare for the ethical, legal and practical effects of sequencing fetal genomes from mothers’ blood”**

# Transfusion, ahead of print

ORIGINAL ARTICLE

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**Next-generation sequencing: proof of concept for antenatal prediction of the fetal Kell blood group phenotype from cell-free fetal DNA in maternal plasma**

*Klaus Rieneck, Mads Bak, Lars Jønson, Frederik Banch Clausen, Grethe Risum Krog, Niels Tommerup, Leif Kofoed Nielsen, Morten Hedegaard, and Morten Hanefeld Dziegiel*

# The future

**Down's syndrome screening will probably be done by next generation sequencing**

**Fetal *RHD* genotyping could be incorporated and then would be cost saving**

# Thanks

**Kirstin Finning, John Hosken, Edwin Massey:**

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