

hello my name is...



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#NERTC2017



A19 South

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A19 South



The Haematologist's Profanisaurus

**NO IT'S NOT NORMAL TO BE ANAEMIC
JUST BECAUSE YOU ARE OLD...**

Incidence of anaemia in older adults

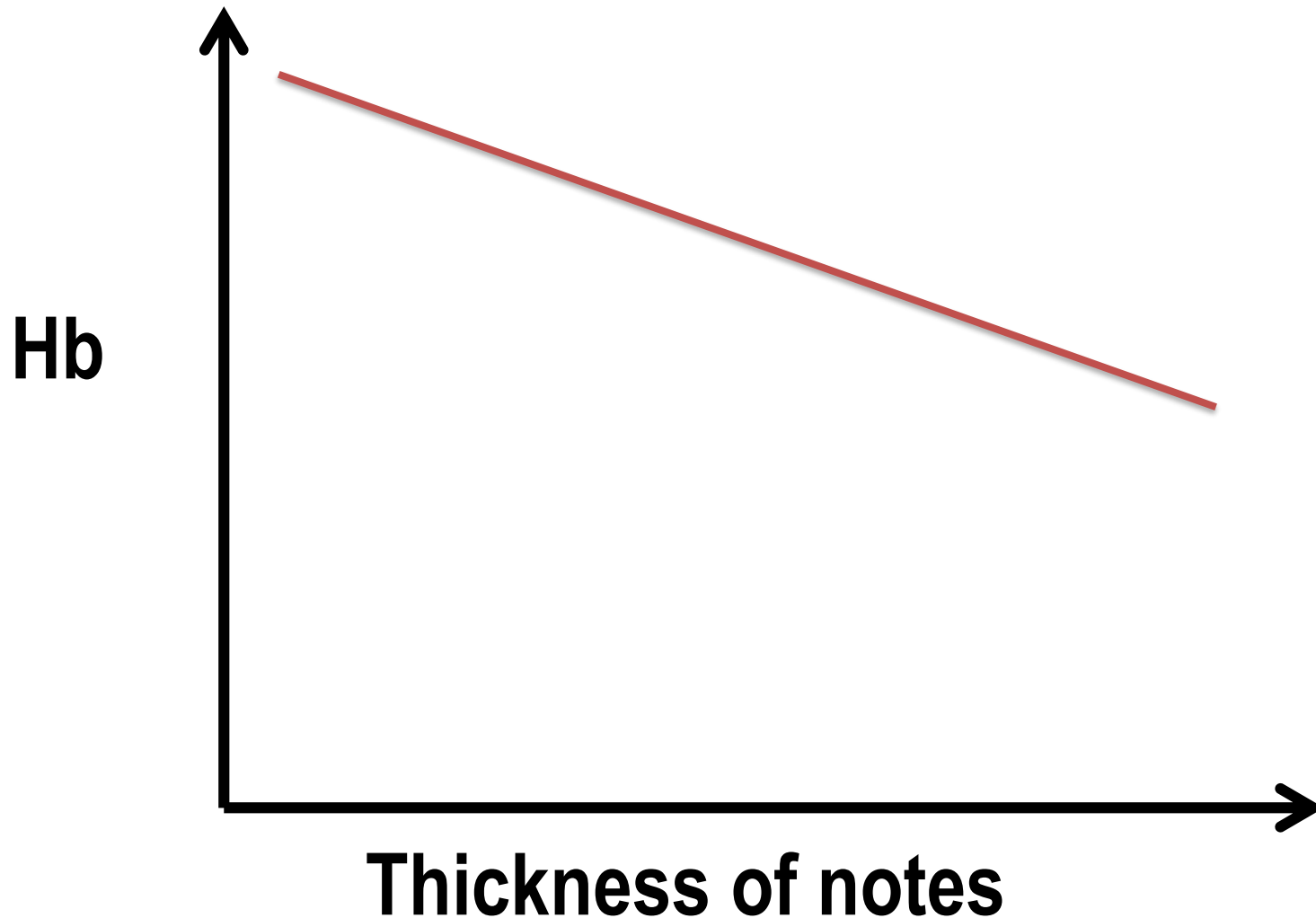
- WHO
 - Hb <130 in male
 - Hb <120 in female
- 10% of over 65 and 25% over 85

HANDS UP

WHO IS TIRED?

WHY DID YOU DO THE TEST

What else could be going on?



What are the trends?

Always
Suddenly
Slowly



Does it matter?

- Associated poorer mobility
- Poorer mental function
- Higher mortality
- May be a treatable underlying condition
- But its complicated

What next?

Remember that incidental findings are common in the older person

Be guided by those four questions and a really good history and examination

In everyone

- The basic bloods (don't forget a film)
- Ferritin and ESR
- B12, folate and myeloma screen.

Ferritin	Likelihood Ratio
<15	52
15-34	4.8
35-64	1.0
65-94	0.39
>95	0.08

Ferritin less than 15

Ferritin less than 50 if other stuff is going on

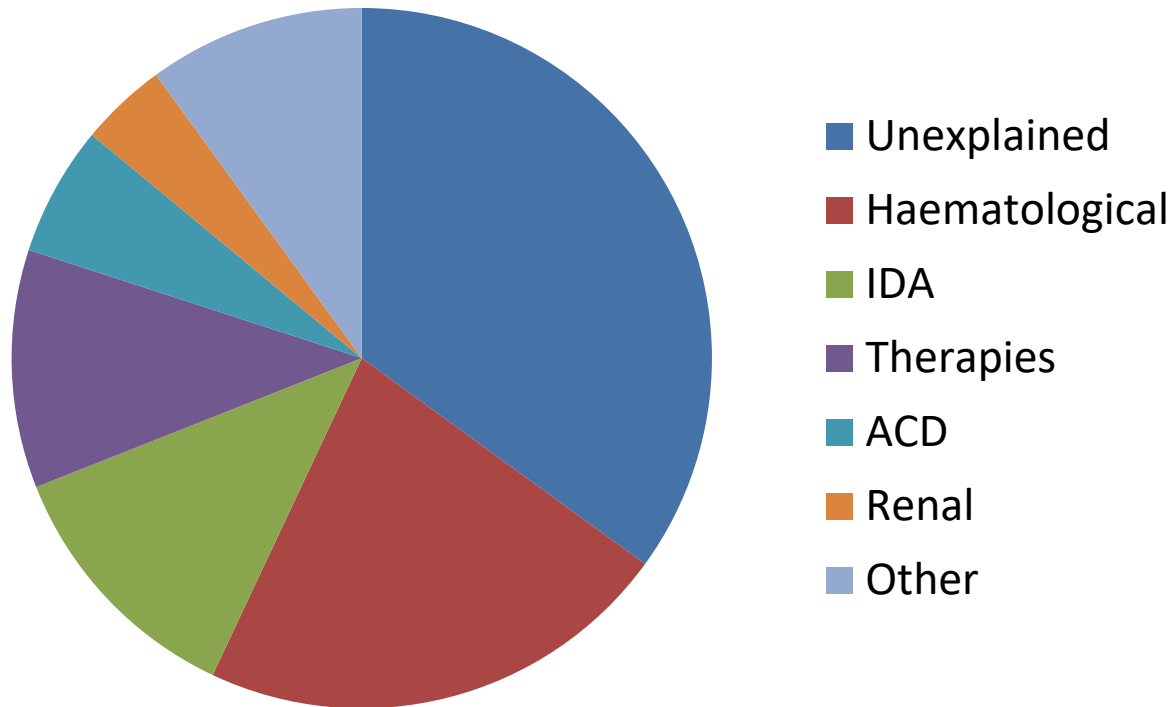
TFsat less than 16% if ferritin unreliable

Haemoglobin got better on iron

Bone Marrow....

What might you find

Sales



***For every evil under the sun,
There is a remedy or there is none.***

***If there be one, try and find it.
If there be none never mind it.***

Mother Goose Rhymes 1765