Respiratory Disease

Applies to the Whole Blood and Components Donor Selection Guidelines only

**Obligatory**

Must not donate if:

a) Out of breath on minimal exertion.

b) Has acute or chronic infection including bronchiectasis.

c) Has cystic fibrosis.

**See if Relevant**

- Asthma
- Autoimmune Disease
- Infection - General
- Sarcoidosis
- SARS
- Steroid Therapy

**Additional Information**

If a potential donor is out of breath on minimal exertion (for instance, climbing a single flight of stairs), taking a unit of blood may reduce the amount of oxygen that can be carried in the blood to a level that makes them unwell. Bronchiectasis is associated with recurrent acute infections and chronic infection. Although these do not usually cause the sufferer harm the transmission of these may result in significant problems for severely ill and often immunocompromised recipients.

**Reason for Change**

To clarify the position for potential donors with Bronchiectasis.

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