

Issued by JPAC: 29 September 2015

Implementation: To be determined by each Service

Change Notification UK National Blood Services No. 26 - 2015

Chronic Fatigue Syndrome

This change applies to the Whole Blood and Components Donor Selection Guidelines only

Also Known As CFS, myalgic encephalomyelitis (ME), post-viral fatigue syndrome and Systemic Exertion Intolerance Disease (SEID).

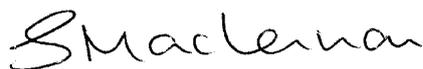
Obligatory **Must not donate:**

Additional Information CFS is generally diagnosed by excluding other conditions and may follow an infection that may or may not have been viral and which may be carried by the affected individual.

It is most common between the ages of 25 and 45 years and women are affected more often than men. It is associated with easily induced and prolonged episodes of fatigue often accompanied by other symptoms.

The condition is relapsing by nature and donation may make symptoms worse, or provoke a relapse in an affected individual.

Reason for change The proposed new name for this syndrome has been included.



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