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**Implementation:** To be determined by each Service

## **Change Notification UK National Blood Services No. 15 - 2009**

### **Relenza (zanamivir)**

#### **Applies to the Whole Blood and Components Donor Selection Guidelines**

**Obligatory**

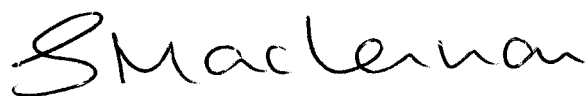
**Must not donate if:**

taking Relenza as treatment for influenza, or if at any time in the 7 days prior to or during the treatment the donor has had symptoms of influenza, i.e.

- a) fever > 38 degrees C, or
- b) a history of fever and 2 or more of the following symptoms: cough, headache, runny nose, diarrhoea / vomiting

**Accept**

If taking Relenza as prophylaxis, has not been advised to be confined to home, and has had no symptoms of influenza.



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