







Date of publication: 31 March 2014 Implementation: To be determined by each Service

## Change Notification UK National Blood Services No. 13 - 2014

# **Sarcoidosis**

Applies to the Tissue Donor Selection Guidelines Live Donors, Cord Blood Donor Selection Guidelines and Bone Marrow and PBSC Donor Selection Guidelines

## Please modify the entry as follows:

#### Acute

Must not donate if: Obligatory

a) Not recovered.

b) Less than five years from both finishing all treatment and full recovery.

**Discretionary** If more than five years since finishing all treatment and full recovery, accept.

Additional

Acute sarcoidosis is normally a self limiting disease and does not require Information treatment in about 90% of cases. The cause is not known but there appears to be an immune defect that can run in families. Because of the uncertainty with this condition, only potential donors who have fully recovered and been off all

treatment for at least five years may donate.

Reason for change To align the guidance with that for blood donors, new guidance to accept

donors who required treatment but who have made a full recovery and have

been off all treatment for at least five years has been added.

'Additional Information" has been added.

### Chronic

**Obligatory** Must not donate.

Additional Chronic sarcoidosis can cause a range of problems, particularly with the lungs

Information but also with the heart, that may pose risks for a potential donor. The

treatments used may also cause immunosuppression. For these reasons

people with this condition should not donate.

'Additional Information' has been added. Reason for change

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# **Sarcoidosis**

## **Applies to the Tissue Donor Selection Guidelines Deceased Donors**

### Please modify the entry as follows:

### Acute

**Obligatory** Must not donate if:

a) Not recovered.

b) Less than five years from both finishing all treatment and full recovery.

**Discretionary** 1. If more than five years since finishing all treatment and full recovery, accept

2. **Eyes:** 

If no ocular involvement, accept.

Additional Information

Acute sarcoidosis is normally a self limiting disease and does not require treatment in about 90% of cases. The cause is not known but there appears to be an immune defect that can run in families. Because of the uncertainty with this condition, only potential donors who have fully recovered and been off all treatment for at least five years may donate.

Reason for change

To align the guidance with that for blood donors, new guidance to accept donors who required treatment but who have made a full recovery and have been off all treatment for at least five years has been added. 'Additional Information' has been added.

### Chronic

Obligatory Must not donate.

**Discretionary** Eves:

If no ocular involvement, accept.

Additional Information Chronic sarcoidosis can cause a range of problems, particularly with the lungs

but also with the heart. The treatments used may also cause

immunosuppression. For these reasons people with this condition should not

donate.

Reason for change 'Additional Information' has been added.

Dr Sheila MacLennan

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