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Change Notification UK National Blood Services No. 8 - 2010

Chronic Fatigue Syndrome

Applies to the Whole Blood and Component Donor Selection Guidelines only

Obligatory

Must not donate

Additional Information

CFS is generally diagnosed by excluding other conditions and may follow an infection that may or may not have been viral and which may be carried by the affected individual.

It is most common between the ages of 25 and 45 years and women are affected more often than men. It is associated with easily induced and prolonged episodes of fatigue often accompanied by other symptoms.

The condition is relapsing by nature and donation may make symptoms worse, or provoke a relapse in an affected individual.

Update Information

This entry was last updated in:
DSG-WB Edition 203, Release 03.

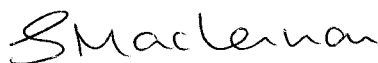
Reason for Change

Following a review of donor safety issues and advice from the Joint UKBTS/HPA Professional Advisory Committee (JPAC) the 'Obligatory' entry has been amended so that even if symptoms have resolved a donation must not be taken. Further 'Additional Information' has been added.

Donor Information

If you wish to obtain more information regarding a personal medical issue please contact your National Help Line.

Please do not contact this web site for personal medical queries, as we are not in a position to provide individual answers.



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