The Newcastle upon Tyne Hospitals

# **Major Haemorrhage**

# **A Laboratory Perspective**

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### **Overview**

- Major Haemorrhage at NUTH
- Laboratory set up
- Challenges
- An example of an exceptional day

### Major Haemorrhage at NUTH

Major Haemorrhage Pack (MHP) Algorithm

Pack 1:	4 RBC	4 FFP	
Pack 2:	4 RBC	4 FFP	2 Platelet
Pack 3:	4 RBC 2 Cryop	4 FFP recipitate	1 Platelet pools

- As soon as the box is taken the next is prepared
- MHP 3 continues until we are told to stand down

## Major haemorrhage at NUTH

#### **RVI:**

 Emergency Department + Major Trauma centre (ED) 4 red cells are labelled and ready to pack.

Two sets are available:

- Group O D Positive for males and group O D negative for females / children.
- Where the patient is known and there is a valid sample group specific will be issued.

#### Freeman:

No blood is "ready" – we just wait for the call.



## Laboratory Set Up

### **Routine Hours:**

- 3 Biomedical Scientists
- 1 Health Care Science Associate (HCSA)

### Out of Hours: (5pm-8.30am and weekends)

- 1 Biomedical Scientist (covering haematology and transfusion)
- 1 HCSA covering blood sciences (haematology, biochemistry, and transfusion).

# Challenges

### Staffing: Training / inexperience of new staff

### Training regime:

- One to one training
- Mentor + complete training portfolios
- "Dummy" records
- Competency question and answer / assessment
- Difficult to re-create scenario for multiple haemorrhages.

## Challenges

Staffing: Maintaining morale

Serious Hazards Of Transfusion (SHOT)- why do people make mistakes?

FAILURE OF BEDSIDE ST SH INADEQUATE STAFFING ERRORS PRESSURE WORKING UN **RS ERRORS** ATION FAILURE LONE FAILURE OF BEDSIDE CHECK PR POOR PRA CF MULTITASKIN REDS CESS EM 21 B STAFF CO

# Challenges

### **Available resources**

- MH boxes
- Number of pre-conditioned cool packs
- Laboratory space
- Stock of RBCs
- Wastage
- Pre Thawed FFP

## An Example Of A Not So Ordinary Day

- Cross-matching BMS newly qualified working alone on cross-matching.
- Busy: Overnight work included setting up of 3 transplants

- Liver transplant (10 RBCs +2 platelets)
- Double Lung (6 fresh RBCs +1 platelet)
- Cardiac transplant (6 fresh RBCs + 1 platelet)

 Blood collected for Liver Transplant (Patient A).
 Recipient: A Neg
 Donor liver: O Pos
 FFP rolling programme begins

**06:00** 4 more FFP collected

04:10

Night shift team hand over to day team

**08:45** 4 RBCs and 4 FFP collected

**10:40** MH protocol activated FHEAS- Patient B bleeding from trachea

**10:42** Phone call to order Berriplex: patient has been on Warfarin.

10:45 Box 1 collected
Box 2 prepared
8 FFP are defrosted
2 stock platelets issued
More stock is ordered for lunchtime delivery

### **11:00** 4 FFP collected Patient A (liver Tx)

**12:00** 4 RBCs and 4 FFP collected Patient A

#### Lunchtime

- **13:00** Blood collected for Heart Transplant (Patient C).
- **13:30** Routine Stock delivery arrives

**14:40** MH protocol for patient D "bleeding in theatre from their Vena Cava.

**14:48** Box 1 collected.

Emergency order placed with NHSBT for 20 O RBCs, 6 platelets and 30 FFP.

Senior staff instruct cross-matching BMS to defrost more FFP to keep ahead

**15:04** Box 2 collected.

**15:25** Box 3 collected

### 5 pm handover

Still waiting for stand down

 Both stock fridges and issue fridges were full of blood issued to Patients A-D

 Blood remained in fridge for double lung Tx (Patient E). **18:00** ICCU activate MH protocol - PR bleed on ward (Patient F)

6 RBCs ordered

**18:05** MH box collected (contained only RBCs)

**18:20** 4 FFP collected.

More stock of RBCs and platelets ordered from NHSBT (Emergency collect)

**19:00** MH box 2 collected

**21:11** MH box 3 returned to lab – cryo. was wasted.

Patient	Α	В	С	D	E	F
RBCs	22	8	6	12	6	12
4FFP	20	8	0	12	0	12
Platelets	3	2	1	3	1	3
Cryo.	0	0	0	2	0	2
Returned	0	0	0	1 PLT	ALL	1 PLT
Wasted	0	0	0	0	0	2 CRYO

- Over the course of the day: Multiple scenarios, multiple blood groups
- Challenges:
  - Prioritisation
  - Maintaining routine work flow for hospital
- 1 newly qualified member of staff

### Summary

- Received Thank you + Greatix from theatres
- Feedback / debrief with team
- Team work essential
- Good communication is vital
- Organisation- thinking ahead, staying calm
- Reflection



